

## Special Events



### 12<sup>th</sup> Annual Egg Hunt

Join the Parks & Recreation Department on the grounds of Town Hall on Saturday, March 15. Additional features include a jellybean counting contest, and a special appearance by the Easter Bunny. Bags will be provided for egg collecting. Call the Parks & Rec. Office to pre-register. Cost is \$1.00 per child. Pay on the day of the hunt at the Senior (Community) Center.

#### Age Divisions:

Under 3 at 12:00 p.m.

3- 4 year olds at 12:15 p.m.

5 - 6 year olds at 12:30 p.m.

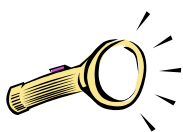
7 - 8 year olds at 12:45 p.m.

Day: Saturday

Date: 3/15

Time: See above

Fee: \$1.00



### 9<sup>th</sup> Annual Flashlight Egg Hunt

Just for students in grades 3 – 5! The hunt will be held on the grounds of Town Hall at 8:00 p.m. sharp, and will last approximately 20 minutes. All

participants must bring their own flashlights. Bags will be provided for collecting. Call the Parks & Recreation Office to pre-register. Cost is \$1.00 per student. Pay on the evening of the hunt in front of the Town Hall.

Day: Friday

Date: 3/14

Time: 8:00 p.m.

Fee: \$1.00

### 11<sup>th</sup> Annual Big Wheel “500”



Drivers ages 3 - 6, rev up your engines for the eleventh annual Big Wheel 500. Each driver should bring his or her own vehicle (no bicycles, please) and helmet, and be prepared for an exciting race around the parking lot of Town Hall, which will be closed to traffic. Big wheels will be provided for children if needed. Race begins at 2:00

p.m. All who participate will receive a prize. Please pre-register with the Parks & Recreation Office by calling 775-7310.

Day: Saturday

Date: 5/3

Time: 2:00 p.m.

Fee: Free

### Hike with Mike

Join Brookfield Conservation Commission member Mike Murphy on a summer hike through parts of the Town's open space land. We'll observe nature and talk a little history with special guest Marj (Burr) Carmody as we hike the trails at the Burr Farm Open Space. Open to all ages this hike will begin at 1:00 p.m., and last approximately two hours. Refreshments will be served. Please pre-register by calling Parks & Recreation at 775-7310.

Day: Saturday

Date: 6/28

Time: 1:00 p.m. start

Fee: Free

Place: Meet at the Dingle Brook Road Parking Lot

## Special Events, continued



### “Drive In” Movie Series

We're going to be reliving all of the excitement of the Danbury Drive In right here in Brookfield at the ninth annual drive in movie series. Join us on Saturday, June 14, Saturday, July 12, and Saturday, August 9. Bring your friends and family, along with blankets, chairs, and snacks. The show starts at dusk at Town Hall, and will be shown on a 10 x 10 foot video screen. Seating will be on the lawn in front of the bandstand. This event is free! A flyer detailing the movies will be sent through the schools in June.

Day: Saturdays

Date: June 14, July 12, August 9

Time: Starts at dusk

Fee: Free

### Easter Crafts Workshop

Children ages 3 - 5 and in grades 1 - 4 will create an eggcellent craft for Easter.

Day: Saturday

Tots: 1:30 – 2:30 p.m.

Place: Senior Center

Date: 3/15

Grades 1- 4: 3:00 – 4:15 p.m.

Fee: \$12.00



### Mother's Day Craft Workshop

Children 3 - 5 and in grades 1 - 4 will create a masterpiece for gift giving. Please wear a smock or old clothes.

Day: Saturday

Tots: 12:30 – 1:30 p.m.

Place: Senior Center

Instructor: Cathy Westervelt

Date: 5/3

Grades 1- 4: 2:00 – 3:15 p.m.

Fee: \$12.00

### Father's Day Craft Workshop

Children 3 - 5 and in grades 1 - 4 will make a special gift for dad. Please wear a smock.

Day: Saturday

Tots: 12:30 – 1:30 p.m.

Place: Senior Center

Instructor: Cathy Westervelt

Date: 6/7

Grades 1- 4: 2:00 – 3:15 p.m.

Fee: \$12.00

### Summerfest

This popular event will be held at the Town Park Beach on Candlewood Lake Road, 12:00 – 4:00 p.m. Features include water balloon and egg tosses, a sand castle building contest, ice cream and watermelon eating contests, diving and cannon ball contests, and more. There is no charge for the events, but you will need to show your beach pass or pay the daily guest fee to enter the Park for the day.

Day: Friday

Date: July 25

Time: 12:00 – 4:00 p.m.

Fee: free with beach pass



### Discount Tickets for Lake Compounce

We are pleased to offer you the opportunity to purchase discount tickets to Lake Compounce Amusement Park in Bristol, CT. Tickets will be available for purchase beginning May 5 through August 22, and can be used for daily admission through September 2008. Price is \$24.95 for either adult or junior tickets.

## New ~ Taste of the Big Apple

We all know NYC for the Museums and Broadway shows, but what about the food? Join us as we "nosh" our way through NYC neighborhoods with a local guide including Zabar's Deli, Little Italy, Kossar's Bakery located in the Jewish Lower East Side, Chinatown and Greenwich Village with a stop on Bleeker Street. You'll also have time on your own to explore the area around St. Patrick Cathedral. Fee of \$55.00 includes deluxe coach transportation and guide. Any food you decide to purchase will be at an additional expense. Leave NYC at 5:00 p.m.

Day: Sunday Date: 4/27  
Time: 8:00 a.m. departure Fee: \$55.00

## Seattle Mariners v. NY Yankees



With the new Yankee Stadium scheduled to open in April 2009, a trip to historic Yankee Stadium is sure to be a treasured experience. We'll be leaving from Brookfield Town Hall at 9:30 a.m. for a 1:05

p.m. game. Return to Brookfield at the game's conclusion. Fee includes ticket (Tier Box 663, Row A-C) and coach bus transportation.

Day: Sunday Date: 5/25  
Time: 9:30 a.m. departure Fee: \$74.00

## New ~ Summer in Newport

Newport is a great place to visit any time of year, but especially during the summer! We'll be leaving from Brookfield Town Hall at 7:00 a.m. Once in Newport you will enjoy a guided tour of the Breakers Mansion as well as a 90-minute guided tour of 10-Mile Ocean Drive. And you'll also have plenty of leisure time for lunch and to enjoy Newport on your own, departing for home at 4:00 p.m. Fee includes deluxe coach bus transportation, admission into Breakers Mansion, and tour guide.

Day: Saturday Date: 6/28  
Time: 7:30 a.m. departure Fee: \$79 adult/\$75 child

## Jersey Boys

This musical has soared to the top of the charts with critics and audiences alike, winning the award for Best Musical at the 2006 Tonys! The story takes you behind the music of Frankie Valli & The Four Seasons, following the rags-to-rock-to-riches tale of four blue-collar kids working their way from the streets of Newark to the heights of stardom and features such hits as "Sherry," "Big Girls Don't Cry," "Can't Take My Eyes Off You," "Oh, What a Night" and more. We'll be leaving Brookfield Town Hall at 10:00 a.m. and you will have plenty of time for lunch on your own before the 3:00 p.m. matinee show. Leave NYC at approximately 6:00 p.m. Seats are in the rear mezzanine. Please note that refunds will only be given if we can find someone to take your place.

Day: Sunday Date: 9/28  
Time: 10:00 a.m. departure Fee: \$144.00

## W.E.R.A.C.E. - Western Connecticut Regional Adult and Continuing Education Danbury Community Resource Center 797-4731 Mandated Programs

*Classes in Basic Reading, Math, and Writing; English for Speakers of Other Languages (ESL), Citizenship, GED (General Educational Development), and CDP (Adult High School Credit Diploma)*



### Basic Computing

This course is designed for individuals with no computer skills who wish to learn the basics of the windows operating system and the use of a word

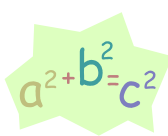
processor, spreadsheet, and database. MS Works will be used in the course to teach word processing, spreadsheets and database use.

Day: Wednesday Time: 6:30 – 8:00 p.m.  
Dates: 4/30 – 6/4 (6 wks) Fee: \$185.00  
Place: Computertalk, 475 Federal Road, Unit B

### Microsoft Excel 2000– Level 1

This class is designed for individuals who have little or no experience in using a spreadsheet. Class will teach use of simple formulas, charting, fill commands, nomenclature and more.

Day: Tuesday Time: 6:30 - 8:00 p.m.  
Dates: 4/8 – 4/15 (2 wks) Fee: \$65.00  
Place: Computer Talk, 475 Federal Road, Unit B



### Microsoft Excel 2000 – Level 2

Working with a fictitious company, students will learn how to work with databases and lists, use logical, financial and date functions, format worksheets, insert, move and modify

objects, link worksheets with 3-D references, use excel on the web, and use and customize templates. A course manual and disk are included.

Day: Tuesday Time: 6:30 - 8:00 p.m.  
Dates: 4/22 – 5/6 (3 wks) Fee: \$135.00  
Place: Computer Talk, 475 Federal Road, Unit B

### Microsoft Excel 2000 – Level 3

Participants will master the following skills in this course: working with records and ranges; sorting, outlining and filtering lists; importing and exporting data; using pivot tables and pivot charts; using data analysis tools; protecting and sharing workbooks; managing workbooks with comments; data validation; and merging/linking workbooks. A course manual and disk are included.

Day: Tuesday Time: 6:30 - 8:00 p.m.  
Dates: 5/13 – 5/27 (3 wks) Fee: \$135.00  
Place: Computertalk, 475 Federal Road, Unit B

**Microsoft Word 2000 Level 1**

Learn the basic skills needed to use this program. Copy, Cut, Paste, Save, Insert, Tables, and more will be covered.

Day: Monday Time: 6:30 - 8:00 p.m.

Dates: 4/7 - 4/14 (2 wks) Fee: \$65.00

Place: Computer Talk, 475 Federal Road, Unit B

**Microsoft Word 2000 Level 2**

Learn how to prepare more complex documents. We will create a newsletter and in the process learn how to create headers

and footers, import graphics and pre created text, create and format tables and more. A working knowledge of MS Word is required. A course manual and disk are included.

Day: Monday Time: 6:30 - 8:00 p.m.

Dates: 4/21 - 5/5 (3 wks) Fee: \$135.00

Place: Computer Talk, 475 Federal Road, Unit B

**Microsoft Access 2000 - Level 1**

This course will center on learning the basic features of Access. We will create a database complete with tables, forms, queries, and reports. We will also use features such as wizards and design view to help us create different database objects. Course manual and disk provided.

Day: Thursday Time: 6:30 - 8:00 p.m.

Dates: 4/10 - 4/24 (3 wks) Fee: \$135.00

Place: Computer Talk, 475 Federal Road, Unit B

**Microsoft Access 2000 - Level 2**

For those who want to learn to create more complicated databases, the following topics will be covered: modifying tables in design view, using multiple data types, using the office

clipboard, binding data and controls, creating multiple table queries, creating calculated fields, adding controls to forms and reports, creating web documents, using hyperlinks, backing up a database, printing database objects. Course manual and disk provided.

Day: Thursday Time: 6:30 - 8:00 p.m.

Dates: 5/1 - 5/15 (3 wks) Fee: \$135.00

Place: Computer Talk, 475 Federal Road, Unit B

**Microsoft PowerPoint 2000 Level 1**

The objective of this course is to teach you how to create a professionally designed presentation. You will learn a variety of skills that include the following: Use of the auto Content Wizard, creating a presentation from scratch, working in

normal, slide sorter, and outline view, inserting specific slide types, modifying the sequence of slides, promoting and demoting text, adding speaker notes, formatting text, using master slides, using headers and footers, using bullets and more. Course manual and disk provided.

Day: Wednesday Time: 6:30 - 8:00 p.m.

Dates: 4/9 - 4/23 (3 wks) Fee: \$135.00

Place: Computer Talk, 475 Federal Road, Unit B

**Selling on eBay**

Tired of the clutter in your home? Want an easy solution to cleaning the attic without the hassles of a tag sale? Have collectibles you want to part with for cash? Perhaps you have always been curious about selling on eBay but not quite sure how to go about it? This class may be for you. This introductory course will examine the basics of selling on eBay including how to list your items competitively, search for related items, answer buyer questions, manage your account, ship from home using USPS, and much more. Also covered are safety tips concerning how to keep your online account safe. This course is open to adults age 18 and over with some internet experience.

Day: Thursday Time: 7:00 - 8:30 p.m.

Dates: 5/29, 6/5, 6/12 (3 wks) Fee: \$58.00

Place: BHS Room 240 Instructor: Anne Joyce

**Organize Your Home**

If you want to live a calmer, more organized life, now is the time to learn how! During this two-hour class The Joyful Organizer will give you the tools necessary to create organizational systems that meet your family's needs and daily habits. Areas to be discussed

include: closets, living spaces, kitchens and kid's rooms. Participants are encouraged to come with questions and even photos of their own organizational challenges.

Day: Tuesday Time: 7:00 - 9:00 p.m.

Date: 4/8 Fee: \$25.00

Instructor: Bonnie Joy Dewkett, The Joyful Organizer

Place: Town Hall Meeting Room

**Understanding the Chakras**

The Chakras are a system of energy centers within all of us. They are your spiritual backbone. Knowledge of how they function is essential to a complete understanding of yourself and your purpose. This class helps you connect the dots in life.

**Tuesday, 9:30 a.m. - 12:30 p.m.**

Session 1: 4/22 - 5/20 (5 wks) Fee: \$250.00

Session 2: 5/27 - 6/24 (5 wks) Fee: \$250.00

Place: The Body Shop Fitness Club, 14 Delmar Drive

**Tuesday, 6:00 - 8:00 p.m.**

Session 3: 4/22 - 5/20 (5 wks) Fee: \$250.00

Session 4: 5/27 - 6/24 (5 wks) Fee: \$250.00

Place: The Body Shop Fitness Club, 14 Delmar Drive

Instructor: Carolann Thorne L.M.T.



*We are always looking for new class ideas! If you have an area of expertise that you would be willing to share with others, please download a "class proposal form" from our website. Days and times of classes are flexible, and previous teaching experience is not always necessary. Class proposals should be received by 8/1/08 to be considered for the fall program guide.*





### Color Me Beautiful

Have you ever wondered what colors look best on you? In this workshop you'll be introduced to the Color Me Beautiful program. It provides women with the benefits of a personalized color

identification of your natural coloring that can be coordinated with a seasonal palette. The seasonal palette will help you choose clothing colors that are best for you. And when you are wearing your best colors, you will feel younger, thinner, prettier and more self-confident.

Day: Tuesday Time: 6:30 – 8:30 p.m.  
Date: 4/8 (1 wk) Fee: \$20.00  
Place: Town Hall Mtng. Rm. Instructor: Pat Rayner



### Digital and Film Photography

In just five weeks this class will have you using your camera like a pro. You'll learn what all those camera buttons and hidden menus do. Technical terms like white balance, compression and resolution will be explained, but we'll also spend time on esthetic issues. Weekly assignments will encourage you to practice and to develop your artistic sense. Bring your camera manual as well as your camera, charge up those batteries and let's have some fun.

Day: Tuesday Time: 7:00 - 9:00 p.m.  
Dates: 4/8 – 5/13 (5 wks)-no class 4/15  
Instructor: MaryAnn Kulla Place: Town Hall Mtng Rm.  
Fee: \$70.00

### Play Bridge!

Are you looking for people to play bridge with? If you have taken our Advanced Beginners class (or have similar knowledge), please join us for eight-weeks of play.

Day: Wednesday Time: 6:30 – 8:30 p.m.  
Dates: 4/16 – 6/4 (8 wks) Fee: \$58.00  
Instructor: Irv Agard  
Place: Senior Center Craft Room



### Beginners Bridge

Learn to value hands, bid hands and play hands. Simple conventions will be taught. Class limited to 12 people.

Day: Monday Time: 6:30 – 8:30 p.m.  
Dates: 4/14 – 5/19 (6 wks) Fee: \$48.00  
Instructor: Irv Agard  
Place: Senior Center Craft Room

### Weight Loss

Are you interested in losing weight and keeping it off? Join us for a series of classes that help you through the process of weight loss. Learn about foods, nutritional labeling, low fat cooking and behavior modification. All of these strategies are designed for your individual life style. Work with a Registered Dietitian to complete your goals. Classes generally last one hour.

Day: Tuesday Time: 7:15 – 8:15 p.m.  
Dates: 4/22 – 6/24 (10 wks) Fee: \$120.00  
Place: The Body Shop Fitness Club  
Instructor: Denise Turnbull R.D. CDN

### New ~ Food to Live For!

What is real food and what isn't? Isn't a whole food more than the sum of its components? Creative marketing and advertising can make it difficult to decipher claims and labels. Also, we tend to classify foods as good for you or bad for you. In reality, the quality of what we eat is what matters most. How do we decide what to put into our shopping cart? Do you have to choose nutrition over taste, or can you have both? Join us as we navigate the mega food industry and learn what nutrition labels and ingredient lists tell us about the food we buy and consume. Become a savvy food consumer and learn how to exercise your purchasing power and vote with your food. Genetically modified foods, organic foods and fair trade products will also be covered. *HANDOUTS AND SAMPLING* will reinforce what we have discussed.

Day: Wednesday Time: 7:00 – 8:45 p.m.  
Date: 4/30 Fee: \$25.00  
Place: Town Hall Mtng. Rm. Instructor: Hillary Stern

### New ~ Quick & Easy Summer Meals!

If discovering how to prepare delicious, no-fuss, healthy meals is what you're looking for, come join us as we discuss quick and easy hot weather meal options. This is the time of the year when many wonderful fruits and vegetables are at their peak. The farmers' market and supermarket produce bins are bursting with sweet corn, salad greens, juicy tomatoes, fresh herbs and more. The *challenge* lies in taking these high quality ingredients and turning them into *new and creative dishes*. We will discuss how to make delicious, healthy summer meals in a short amount of time. Learn what ingredients to have on hand so that you can quickly pull together a delectable and satisfying meal. Come with a favorite recipe and learn how you can transform it into a tasty and nutritious meal. *Recipes and sampling will be provided during class.*

Day: Wednesday Time: 7:00 – 8:45 p.m.  
Date: 5/21 Fee: \$25.00  
Place: Town Hall Mtng. Rm. Instructor: Hillary Stern

### New ~ Low Toxic Approaches to Home Gardens and Landscapes

Participants will learn about current products and techniques available to deal with common flower and vegetable garden issues as well as safe solutions for sick trees and shrubs. We'll cover multiple approaches available to keep your landscape healthy and better able to deal with pests, diseases, the stresses of drought and other seasonal challenges with little or no toxic impact on children, pets, the environment and most importantly, you, the gardener. We will NOT cover lawns. Our instructor, Lorraine Ballato, since retiring from corporate America, has turned her passion for gardening into a second career as a free-lance garden writer and communicator, writing for publications including *People, Places, and Plants*, and *Connecticut Gardener*, among others. She continues to add to her horticultural knowledge through her work at a nationally recognized mail order/retail nursery and as an Advanced Master Gardener.

Day: Wednesday Time: 7:00- 9:00 p.m.  
Dates: 3/19 and 3/26 (2 wks) Fee: \$25.00  
Place: Town Hall Meeting Room



### New ~ Let's Have a Safe Lawn!

Participants will learn how to convert to and maintain a healthy lawn without using toxic chemicals that are harmful to children, pets, and the environment. Two intensive sessions will cover how to make the transition, what to

do, and what to expect. Our instructor, Lorraine Ballato, since retiring from corporate America, has turned her passion for gardening into a second career as a free-lance garden writer and communicator, writing for publications including *People, Places, and Plants*, and *Connecticut Gardener*, among others. She continues to add to her horticultural knowledge through her work at a nationally recognized mail order/retail nursery and as an Advanced Master Gardener.

Day: Wednesday Time: 7:00- 9:00 p.m.  
Dates: 4/2 and 4/9 (2 wks) Fee: \$25.00  
Place: Town Hall Meeting Room

### Community First Aid & Safety

Instruction in Adult, Infant, and Child CPR and basic first aid in this 3-night course. Certification in Red Cross CPR and First Aid upon successful completion of course and tests. Fee includes cost of skill cards.

Day: Monday Time: 6:30 - 9:30 p.m.  
Dates: 4/21 – 5/5 (3 wks) Fee: \$85.00  
Place: Town Hall Room Instructor: Debbie Zilinek



### Adult CPR Recertification

Recertification for people whose certification in Adult CPR is expiring. All participants will also receive new skill cards with updated information from the Red Cross.

Day: Monday Time: 6:30 - 8:30 p.m.  
Date: 6/2 Fee: \$34.00  
Place: Town Hall Room Instructor: Debbie Zilinek

### Infant & Child CPR Recertification

Recertification for people whose certification in Infant and Child CPR is expiring. All participants will also receive new skill cards with updated information from the Red Cross.

Day: Monday Time: 6:30 - 8:30 p.m.  
Date: 6/9 Fee: \$34.00  
Place: Town Hall Room Instructor: Debbie Zilinek



### D.E.P. Boating Safety Course

Students of all ages successfully completing this course will satisfy the education requirements for the Connecticut State

Boating Certificate, required for anyone who operates a boat. Participants must attend all four classes. There is an additional \$25 certificate fee to the State, which you will mail in after successful completion of the class.

#### Session 1:

Day: Tuesday and Thursday (twice a week for 2 weeks)  
Time: 7:00 - 9:30 p.m. Dates: 4/1, 4/3, 4/8, 4/10  
Place: WMS Seminar Rm. Fee: \$20.00

#### Session 2:

Day: Tuesday and Thursday (twice a week for 2 weeks)  
Time: 7:00 - 9:30 p.m. Dates: 5/6, 5/8, 5/13, 5/15

### Floral Design for Beginners

Our gardens will soon be in full bloom! Be ready to show off your hidden talents to your family and friends after your first class. This class is taught by a professional floral designer, and features the basic design of an arrangement, including round, one sided, and centerpiece arrangements. Additional materials fee of approximately \$18.00 must be paid to instructor each week to cover the cost of flowers. No experience is necessary! Please bring floral snips.

Day: Monday Time: 7:30 - 9:30 p.m.  
Date: 4/7 – 4/28 (4 wks) Fee: \$59.00  
Place: Town Hall Room 119



### Floral Design - Intermediate

Take what you already know and step it up a notch with the help of an experienced floral designer. Make larger and more interesting arrangements using unique containers and fresh flowers. Watch your creativity and

knowledge grow giving you beautiful arrangements to take home each week. Additional materials fee of approximately \$23 must be paid to the instructor each week. Please bring floral snips. Pre-requisite "Floral Design for Beginners" or floral experience.

Day: Monday Time: 7:30 - 9:30 p.m.  
Dates: 5/5, 5/12, 5/19, 6/2 Fee: \$59.00  
Place: Town Hall Room 119  
Instructor: Shannon Schnuerer

### New ~ Watercolor for Adults

Whether you are an artist just starting out or someone who has painted for a while, you will find this workshop fun, educational and inspiring. You will learn how to see colors in nature you have never seen before through the color wheel, and touch upon the importance of good drawing techniques as the bones of your painting. You will learn a wide variety of watercolor techniques while painting your own landscape by the end of the class, including values, learning first to see them in black and white then in color. Please ask for a materials list when registering (approximate cost \$40).

Day: Thursday Dates: 7/24, 7/31, 8/7, 8/14  
Time: 6:00 – 8:00 p.m. Fee: \$59.00  
Place: Senior Center Craft Rm. Instructor: Victoria Lange

### New ~ Basic Sewing Construction

Maybe you have been sewing for some time, but still wonder how to do certain things like put in zippers or sleeves. Or maybe you're a beginner who would like to learn the right way from the start. Whatever your experience, you're sure to learn something in this class. From zippers and buttons, to sleeves, interfacing and pockets, the instructor will demonstrate the proper way(s) to tackle each, and guide you as you practice on your own. Participants may need to purchase some additional materials, cost not to exceed \$25.00.

Day: Thursday Dates: 4/24 – 5/8 (3 wks)  
Time: 6:00 – 8:00 p.m. Fee: \$45.00  
Place: WMS Home Ec. Room Instructor: Debbie Vizi

## Adult Fitness - Aerobics



### Train for a 5K

Are you interested in running a 5K (3 mile) road race? Are you a walker who would like to try running? Are you a runner interested in improving your times? Come join Cassie Dunn in a group setting for a series of training runs and short lectures. (Come dressed to run and bring a water bottle.) You will learn how to design a training program based on your level of fitness, whether you are a walker or a runner. Each participant will be evaluated and given a training program to follow on their own until the next week's meeting. This program will meet for six weeks, culminating in the Mother's Day 5K on 5/11/08. (Registration for the 5K is included in the fee.) All fitness levels are welcome! Cassie Dunn, a former cross-country and track coach, lives in Brookfield. She is a certified personal trainer, Pilates instructor and spinning instructor.

Day: Tuesday Time: 6:00 - 7:00 p.m.  
Dates: 3/25 - 5/6 (6 wks) - no class 4/15  
Instructor: Cassie Dunn Fee: \$67.00  
Place: NO LIMIT Fitness, 1120 Federal Road, Brookfield

### Jump Start Your Weight Loss

Join us for this program designed to get you on track for a healthier lifestyle with exercise and nutritional counseling. After a full fitness assessment, you'll be meeting with a nutritionist once a week for six weeks, as well as a personal trainer twice a week for six weeks. But make sure that you're committed, as no make-ups will be given. (And you know how the trainer will make the next workout twice as hard, anyway!) Sessions will be planned according to your schedule, with The Body Shop Fitness Club contacting you to set up mutually convenient times. Please specify if you would like hour long personal training sessions at a cost of \$595 for six weeks, or half-hour long personal training sessions at a cost of \$330. The starting date is up to you!

### Abs, Buns & Thighs

A below the belt body sculpting class, focusing on buttocks, inner and outer thighs, hips and abdominal.

Day: Tuesday Time: 6:45 - 7:45 p.m.  
Dates: 4/22 - 6/24 (10 wks) Fee: \$110.00  
Instructor: Blythe Evans Place: Body Shop Fitness



### Total Body Workout

Designed to tone and strengthen all of your muscle groups. Work at your own level and boost your metabolism with a comprehensive workout.

Session 1: Saturday, 9:15 - 10:45 a.m.

Dates: 4/19 - 6/28 (11 wks) Fee: \$182.00

Session 2: Wednesday, 5:30 - 6:30 p.m.

Dates: 4/23 - 6/25 (10 wks) Fee: \$110.00

Instructor: Donna Pace Place: Body Shop Fitness

### New ~ Cardio Fusion

A high-energy blend of fitness training. Work your heart and muscles with strength training combined in a cardio format. The instructor will change the workout to keep it fresh and challenging. Come and kick start your weekend!

Day: Saturday Time: 8:30 - 9:30 a.m.

Dates: 4/26 - 5/31 (6 wks) Fee: \$60.00

Instructor: Lisa Lee

Place: NO LIMIT Fitness, 1120 Federal Road, Brookfield

## Adult Fitness - Aerobics, continued



### Cardio Kickboxing

A heart pumping workout teaches self-defense and is an exciting way to increase strength in the upper body.

Day: Thursday

Time: 5:45 - 6:45 p.m.

Dates: 4/24 - 6/26 (10 wks)

Fee: \$110.00

Instructor: Jen Calise

Place: The Body Shop Fitness Club, 14 Delmar Drive

### Cardio Blast

This class is 100% fat burning. Cardio conditioning followed by 15 minutes of body conditioning using bars, bands, and weights.

Day: Tuesday

Time: 5:45 - 6:45 p.m.

Dates: 4/22 - 6/24 (10 wks)

Fee: \$110.00

Instructor: Blythe Evans

Place: Body Shop Fitness Club

### Cardio Express

A cardio class that begins with a warm up, continues with various cardio workouts and ends with a stretching and cool down.

Day: Thursday

Time: 8:45 - 9:30 a.m.

Dates: 4/24 - 6/26 (10 wks)

Fee: \$85.00

Instructor: Terri Richman

Place: The Body Shop Fitness Club

### Zumba

A new workout sensation that has taken American fitness to new heights, Zumba is a cardio fitness workout based on dance moves. The workout combines high energy and motivating music with unique moves and combinations based on the principle that exercise should be fun and easy to do. Zumba can potentially reshape all parts of your body.

Session 1: Wednesday, 9:10 - 10:10 a.m.

Dates: 4/23 - 6/25 (10 wks)

Fee: \$120.00

Instructor: Lynda Muir

Session 2: Friday, 9:10 - 10:10 a.m.

Dates: 4/25 - 6/27 (10 wks)

Fee: \$120.00

Instructor: Lynda Muir

Session 3: Monday 6:00 - 7:00 p.m.

Dates: 4/21 - 6/30 (10 wks)-no class 5/26

Fee: \$120.00

Instructor: Dolores Tirri

Session 4: Friday 5:45 - 6:45 p.m.

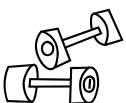
Dates: 4/25 - 6/27 (10 wks)

Fee: \$120.00

Instructor: Blythe Evans

Place: The Body Shop Fitness Club, 14 Delmar Drive

### New ~ Introduction to Body Sculpting



Are you afraid to take an exercise class because you don't know "the moves"? Do you think that everyone is in better shape than you and you won't be able to keep up? THIS CLASS IS FOR

YOU! Our certified group fitness instructor will teach you the basics of a body sculpting class. The instructor will break down each exercise so that you can achieve control and knowledge at YOUR fitness level. You will improve your strength and flexibility. YOU CAN DO THIS!

Day: Monday

Time: 6:00 - 7:00 p.m.

Dates: 4/28 - 6/9 (6 wks)-no class 5/26

Instructor: Cassie Dunn

Fee: \$60.00

Place: NO LIMIT Fitness, 1120 Federal Road, Brookfield



### New ~ Baby Boomer Yoga with Stina

This new class is for all those of "a certain age" and is a realistic and accessible program, perfect for absolute beginners as well as those who currently practice. The class focuses on stretching, strengthening, breathing and listening to your body. If you have always wanted to try yoga but never had the opportunity, if you spend way too much time at your desk, if you have been hearing that yoga is the pathway to lifelong health and vitality and wondered what it is all about or if you are already practicing yoga and want to add another class, then this is the class for you. Bring your mat and a water bottle, and join Stina on Tuesday evenings. After all, you're only as young as your spine!

Day: Tuesday Time: 7:00 – 8:30 p.m.

Session 1: 4/22 – 5/27 (6 wks) Fee: \$60.00/session

Session 2: 6/3 – 7/8 (6 wks)

Instructor: Stina Reed

Place: Brookfield Senior Center, 100 Pocono Road



### Introduction to Pilates

If you missed the winter class, don't miss out on your chance this spring! Are you tired of feeling intimidated in an exercise class? Do you think everyone knows more or can do more than you? This class is for you! Our certified Pilates instructor will guide you through the essential principals of matwork. The instructor will break down each exercise so that you can achieve control and knowledge at your fitness level. You will improve your flexibility and core strength. YOU CAN DO THIS!

Day: Saturday Time: 9:30 – 10:30 a.m.

Dates: 4/26 – 5/31 (6 wks)

Instructor: Melena Sorena Fee: \$60.00

Place: NO LIMIT Fitness, 1120 Federal Rd, Brookfield

### Pilates

A class that focuses on the ageless concepts of a strong center, positive alignment and mental focus. Improve torso strength, joint mobility and body posture with movements that increase your range of motion.

Session 1: Monday, 9:10 - 10:10 a.m.

Dates: 4/21 – 6/30 (10 wks)-no class 5/26 Fee: \$110.00

Session 2: Thursday, 9:30 - 10:30 a.m.

Dates: 4/24 – 6/26 (10 wks) Fee: \$110.00

Session 3: Thursday, 6:45 - 7:45 p.m.

Dates: 4/24 – 6/26 (10 wks) Fee: \$110.00

Instructor: Ellen Serino Place: Body Shop Fitness Club

### Yogalates

A hybrid of yoga and Pilates to give you the best of both techniques. It is gentle, yet effective. Great for everyone!

Session 1: Monday, 7:00 - 8:00 p.m.

Dates: 4/21 – 6/30 (10 wks)-no class 5/26 Fee: \$110.00

Session 2: Friday, 10:30 – 11:30 a.m.

Dates: 4/25 – 6/27 (10 wks) Fee: \$110.00

Place: The Body Shop Fitness Club, 14 Delmar Drive

Instructor: Aimee Colber



### Intro to Yoga at YogaSpace

If you've never tried yoga, or would like a refresher on the basics, this is the class for you! Kripalu Certified Yoga instructor, Gloria Owens (Monday) and Glenn Tucker

(Thursday), make learning yoga safe, fun and accessible in this class geared especially for beginners. Glenn and Gloria teach the fundamentals of breathing and alignment in basic yoga poses, gently guiding each student to access their inner grace, strength, balance and wisdom. The class concludes with a guided relaxation/meditation to leave you feeling restored, refreshed and ready to face the world.

Session 1: Monday 7:30 – 9:00 p.m.

Dates: 4/21 – 6/23 (9 wks)-no class 5/26

Place: YogaSpace, 777 Federal Road

Fee: \$ 108.00

Session 2: Thursday, 5:45 – 7:00 p.m.

Dates: 4/24 – 6/19 (9 wks)

Place: YogaSpace, 777 Federal Road

Fee: \$ 108.00

### New ~ Hot Vinyasa Yoga

Flow, sweat and purify while experiencing greater opening of mind & body with this challenging, spiritually renewing and dynamic flow sequence style class in a heated room.

Excellent for weight loss, detoxing and deepening your practice. Wear shorts and tank tops, please remember to HYDRATE, and bring extra water & a towel.

Day: Thursday Time: 7:15 - 8:30 p.m.

Dates: 4/24 - 6/19 (9 wks) Fee: \$108.00

Instructor: Colleen Breeckner

Place: YogaSpace, 777 Federal Road

### Fast Defense at Zandri's Martial Arts

Did you know that 75% of assaults on women are successfully committed by verbal provocation alone? In other words, an attacker usually just has to use a verbal threat like, "Do what I say or I will kill you" and a woman will comply without any physical coercion. As scary as this sounds, anyone trained in the "Fast Defense" system can effectively defend herself simply by having a strong verbal defense. "Fast Defense" is commonly referred to as the missing link in the traditional self-defense training. In "Fast Defense" training participants will: gain greater confidence and control in all facets of their lives; discover a powerful voice, assertive communication skills to handle any situation at home, work, or play; gain awareness of the common mistakes people make in everyday situations that often get them into trouble; and find and utilize the power of fear, not be paralyzed by it. This program is open to women over the age of 16, and is limited to 25 participants.

Day: Saturday Time: 3:00 – 6:30 p.m.

Date: 7/26 Fee: \$39.00

Place: Zandri's Martial Arts, 317 Federal Road

## Adult Fitness – Dance

*For all of our dance classes, ladies are asked to wear skirts or dresses, and shoes with heels are preferred. Gentlemen are asked not to wear jeans or sneakers. Even though dances are reviewed repeatedly, students are expected to practice on their own between classes as well.*

### Ballroom and Latin Mix for Singles

We've had so many requests for this class! No need to be part of a couple (or have your other half with you) in order to participate. Join other people like yourself who want to learn ballroom and latin dances. Emphasis will be placed on mastering each step before moving on to new dances. Please note the dress code for participation in dance classes. Ladies are asked to wear skirts or dresses, and shoes with heels are preferred. Gentlemen are asked not to wear jeans or sneakers. Our instructor, Galina Andracchio, a former Russian competitor, is a member of the International Dance Teachers Association.

Day: Tuesday Time: 6:00 – 6:45 p.m.  
Place: WMS- Cafeteria Fee: \$65.00/person  
Dates: 4/22 – 6/10 (8 wks)



### Strictly Ballroom Dance

Do you have a wedding, anniversary party or class reunion in your future? Would you like to impress your friends with some new moves? In addition to the physical benefits of dancing, mentally dancing serves as a wonderful stress release. The dances you learn will be selected at the instructor's discretion and may include: Fox Trot, Slow Waltz, Tango, Viennese Waltz and Quick Step. Emphasis will be placed on mastering each step before moving on to new dances. Please note the dress code for participation in dance classes. Ladies are asked to wear skirts or dresses, and shoes with heels are preferred. Gentlemen are asked not to wear jeans or sneakers. Our instructor, Galina Andracchio, a former Russian competitor, is a member of the International Dance Teachers Association.

Day: Tuesday Time: 6:45 – 7:30 p.m.  
Place: WMS- Cafeteria Fee: \$65.00/person  
Dates: 4/22 – 6/10 (8 wks)



### Latin Dance

What better way to beat the blues? Come and learn the spicy Mambo/Salsa and Cha-Cha that is found in much of today's popular music. Samba, the "dance of love" Rumba, and East Coast Swing also known as Jive are among the dances you may learn this session at the instructor's discretion. Emphasis will be placed on mastering each step before moving on to new dances. Please note the dress code for participation in dance classes. Ladies are asked to wear skirts or dresses, and shoes with heels are preferred. Gentlemen are asked not to wear jeans or sneakers. Our instructor, Galina Andracchio, a former Russian competitor, is a member of the International Dance Teachers Association.

Day: Tuesday Time: 7:30 – 8:15 p.m.  
Place: WMS Cafeteria Fee: \$65.00/person  
Dates: 4/22 – 6/10 (8 wks)

## Adult Leagues



### Men's Softball League

Planning is already well underway for the 2008 season. Interested individuals should email League Director Mark Favale at [bmsl@sbcglobal.net](mailto:bmsl@sbcglobal.net). Please include your name, phone, and age. The information will be given to all teams who are looking for players.

## Adult Fitness - Open Gyms

**Open Basketball** Ongoing Monday night open play for Brookfield residents and their guests age 18 and over. Pay \$5.00 nightly at the door.

Days: Monday Time: 7:30 – 9:30 p.m.  
Dates: 11/5/07 – 4/7/08 Place: BHS Gym

**Open Volleyball** Ongoing Wednesday night open play for adults 18 and over. Pay \$5.00 nightly at the door.

Days: Wednesday Time: 7:30 – 9:00 p.m.  
Dates: 11/7/07- 4/9/08 Place: WMS Gym

## Adult Fitness – Tennis

### Tennis partner, anyone?

We have had requests from several residents who are looking for additional people to play tennis with. If you are interested in being contacted by other residents who play, or would like to contact others, please email Nina at [nmack@brookfield.org](mailto:nmack@brookfield.org) by May 2. She may also be reached by phone at 775-7310.

Please include your name and preferred method of contact (including phone number or email address). It would also be helpful if you noted whether you prefer singles or doubles as well as your approximate playing level if known. We will be compiling a list to distribute to all who responded in mid-May.

## Adult Fitness – Golf



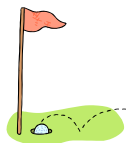
### Short Game School

The short game makes up for at least 60 – 70% of the shots in a given round of golf. Yet most people spend very little time practicing their short game, or learning proper technique. The program will include work with pitch shots (full, partial, lob or flop shots, stopping vs. running shots, different club selection, changing trajectory, uneven lies); sand play (greenside bunker shots, medium and long bunker shots, uneven lies, firm vs. soft sand, different club selection, buried lies and fried eggs); chipping (club selection, different lies, chipping with woods), putting (different putters, different styles and grips, lag putt, short putts, and reading greens. There is a maximum of six people per class so that students will receive individual attention. Available for adults and juniors 15 years and up. All classes are held on Saturdays, 10:00 a.m. – 12:30 p.m. The cost for each class is \$85.00. Choose from one of the following

dates: April 19	May 3	May 17
June 7	June 21	July 12
July 26	August 9	August 23
September 13		



## Adult Fitness - Golf, continued



### Adult Golf Lessons

Open to golfers of all skill levels, these classes are intended to provide students with a solid base in the fundamentals of golf, as well as to get them prepared to play and to enjoy the game. The classes are ideal for both beginners who have never played before and for more experienced players who want to improve one or all aspects of their game. The typical class schedule is:

Class 1: Introduction/Set-up and Swing with Irons

Class 2: Review/Set-up and Swing with Woods

Class 3: Pitch Shots and Bunker Play

Class 4: Chipping and Putting

Also included during these classes will be work on faults and fixes, drills, rules and etiquette, course management and strategy, some computer video swing analysis, and much more. Students can bring their own clubs, or Golf Quest will provide them for you. A 7-iron and 5 iron will be used during class 1 and clubs for other sessions will be discussed during class. Fee is \$110.00 for any one month of four classes. Classes meet 6:30–7:30 p.m.

April: 4/7, 4/14, 4/21, 4/28 (Mondays)

May: 5/6, 5/13, 5/20, 5/27 (Tuesdays)

June: 6/4, 6/11, 6/18, 6/25 (Wednesdays)

July: 7/10, 7/17, 7/24, 7/31 (Thursdays)

Aug: 8/4, 8/11, 8/18, 8/25 (Mondays)

Sept: 9/2, 9/9, 9/16, 9/23 (Tuesdays)

### Women Only Classes (Beginner)

April: 4/8, 4/15, 4/22, 4/29 (Tuesdays)

May: 5/7, 5/14, 5/21, 5/28 (Wednesdays)

June: 6/5, 6/12, 6/19, 6/26 (Thursdays)

July: 7/7, 7/14, 7/21, 7/28 (Mondays)

Aug: 8/5, 8/12, 8/19, 8/26 (Tuesdays)

Sept: 9/3, 9/10, 9/17, 9/24 (Wednesdays)

### Adult Intermediate

April: 4/9, 4/16, 4/23, 4/30 (Wednesdays)

May: 5/8, 5/15, 5/22, 5/29 (Thursdays)

June: 6/3, 6/10, 6/17, 6/24 (Tuesdays)

July: 7/9, 7/16, 7/23, 7/30 (Wednesdays)

Aug: 8/7, 8/14, 8/21, 8/28 (Thursdays)

Sept: 9/8, 9/15, 9/22, 9/29 (Mondays)

## Tots Activities

### Theme Weeks

Preschool children ages 2 - 4 (with parent or caregiver) will meet for a variety of stories, crafts, games, and music relating to the following themes. Please bring a snack.

April: 4/7 and 4/21 Making Music

May: 5/5 and 5/12 Jungle Fun

Day: Monday Time: 10:00 – 11:00 a.m.

Fee: \$20.00/month Instructor: Donna Korb

Place: Newbury Congregational Church, 126 Tower Rd

## Tots Activities, continued



### Jumpin' Beans

Children will increase socialization skills and coordination through musical games with their parent and other children 18 - 24 months old. Please bring a snack.

Instructor: Pam Zavarelli Fee: \$32.00/session

Day: Wednesday Time: 9:30 – 10:15 a.m.

Place: Congregational Church, Fellowship Hall

Session 1: 4/23, 4/30, 5/7, 5/14 (4 classes)

Session 2: 5/21, 5/28, 6/4, 6/11 (4 classes)

### Two Good to be True

Children ages 2 - 3 and parent or caregiver will meet for songs, games, and arts & crafts. Please bring a snack. Since demand has been so great for this program, we have created two time slots. Please specify time and session when registering.

Instructor: Jen Tomaino Fee: \$39.00/session

Day: Wednesday Time: 10:15 – 11:15 a.m.

Day: Wednesday Time: 11:15 a.m. – 12:15 p.m.

Place: Congregational Church, Fellowship Hall

Session 1: 4/23, 4/30, 5/7, 5/14 (4 classes)

Session 2: 5/21, 5/28, 6/4, 6/11 (4 classes)



### Tumbling Tots

Children ages 2-5 will be introduced to tumbling. Due to overwhelming demand, we are offering two time slots for this program; 9:30 – 10:30 a.m. for ages 2-3 with parent or 10:30 – 11:30 a.m. for ages 4-5 with or without parent. Please specify time and session when registering.

Day: Friday Fee: \$60.00/session

Time: 9:30 – 10:30 a.m. OR 10:30 – 11:30 a.m.

Session 1: 4/11, 4/25, 5/2, 5/9 (4 wks)

Session 2: 5/16, 5/23, 5/30, 6/6 (4 wks)

Place: Tropical All-Stars (formerly Olympia Gymnastics)

Instructors: Pam Zavarelli & Jen Tomaino



### Singing and Signing

Did you know that babies start signing between the ages of 7 and 10 months old? It's been proven that babies who sign; speak earlier than non-signers, experience less

frustration, develop larger vocabularies, become better readers and have IQ's that are at least 10-12 points higher than their peers. Ms. Janine is a pioneer when it comes to signing with infants through school age children. It's been her passion for over 10 years! Teaching signs to your little ones is the new craze. Join Ms. Janine and see how fun and easy it is to learn through the magic of children's music. In order to better accommodate your child, we have divided the times by ages. Please specify what time and session you would like when registering. Class size is limited to 15 children.

Day: Wednesday Instructor: Janine Lamendola

Infants and Toddlers (up to age 3): Time: 2:15 – 3:00 p.m.

Preschool – K (ages 3 to 5) Time: 3:15 – 4:00 p.m.

Session 1: 4/23, 4/30, 5/7, 5/14, 5/21 (5 classes)

Session 2: 7/9, 7/16, 7/23, 7/30, 8/6, 8/13 (6 classes)

Place: Congregational Church, Fellowship Hall

Fee: \$45.00/session 1; \$54.00/session 2

## Hip Hop

Join professional Hip Hop instructor Austin Dailey AKA Bboy Red Supreme. He has a creative approach to teaching street funk moves. Students will discover and develop their own freestyle ability. Classes will cover the foundation of break dance, popping and waving, hip hop steps, party moves, popular party line dances, and innovative dance games. Besides learning new dance skills and some history about Hip Hop, Austin's main goal is to get kids to build their self-image. Only the hottest dance music is used in class, so come find the beat and get funky when moving your feet. All beginners are welcome and no experience is needed.

Day: Friday

Dates: 4/4, 4/11, 4/25, 5/2 (4 wks)

Session 1: Grades 2 – 4 3:50 – 4:50 p.m.

Session 2: Grades K and 1 5:00 – 6:00 p.m.

Place: HHES Upper Gym Fee: \$44.00/session



## French Fantastique

Madame Minier, a native French speaker with twenty years experience teaching, has a magical way of inspiring children.

Using music, poetry, memory games, colorful craft projects and vocabulary building exercises, she stimulates all of the child's senses and makes learning fun. Children in grades K and 1 will learn basic greetings, the alphabet, counting, colors and lots of vocabulary. Each student will also receive a folder full of creative activities in French.

Day: Wednesday Time: 3:15 - 4:15 p.m.

Dates: 4/9 – 6/4 (8 wks)-no class 4/16

Place: Center School Instructor: Margee Minier

Fee: \$72.00

## Get into the Kitchen

Children in grades K and 1 will enjoy making no cook and cooked foods, as well as hands on activities involving food and measurement. Recipes will be duplicated in both of the classes. Classes meet in the Center School Pre-School Room, 3:15 – 4:15 p.m. Fee is \$39.00/session.

Day: Tuesday Instructor: Jen Tomaino

Session 1: 4/8, 4/22, 4/29, 5/6 (4 wks)

Session 2: 5/13, 5/20, 5/27, 6/3 (4 wks)

Day: Wednesday Instructor: Jen Tomaino

Session 1: 4/9, 4/23, 4/30, 5/7 (4 wks)

Session 2: 5/14, 5/21, 5/28, 6/4 (4 wks)



## Little Dragons

Students in grades K - 1 will be introduced to martial arts and character development through weekly themes including: laser beam focus, 3 rules of concentration, 20 ways to respect your teacher, coordination, self discipline, self control, physical fitness and more. The basic martial arts skills taught will prepare students to break a board and test for their white belt after the course ends. The purchase of a uniform or T-Shirt to wear in class is optional and must be arranged by visiting Zandri's Martial Arts directly prior to the first class. Contact them at 775-7150.

Day: Thursday Time 3:15 – 3:45 p.m.

Dates: 4/24- 5/15 (4 wks) Fee: \$28.00

Place: Center School Cafeteria

Instructor: Zandri's Martial Arts

## Pillow Polo

Physical fitness, agility and coordination are the benefits from this team sport for grades K and 1. Rules of floor hockey are followed and nerf equipment is used.

Day: Wednesday Time: 3:15 - 4:15 p.m.

Dates: 4/9 – 6/4 (8 wks)-no class 4/16

Place: Center School - Gym Instructor: Kylie Himebaugh

Fee: \$40.00



## Sports Celebrated!

Exercise and fun are the key elements of this class. Children in grades K and 1 will develop basic skills in several indoor games and sports.

Day: Thursday Time: 3:15 - 4:15 p.m.

Dates: 4/10 – 6/5 (8 wks)-no class 4/17

Place: Center School - Gym Instructor: Kylie Himebaugh

Fee: \$40.00

## New~ Nature All Around Us - Spring

Children in grades K and 1 will make a mini green house, explore and measure the weather, make a flower press and a pressed flower project and plant an herb garden to take home. Activities will be repeated in both sessions.

Day: Wednesday Time: 3:15 – 4:15 p.m.

Place: Center School Art Rm. Fee: \$39.00 /session

Instructor: Pam Zavarelli

Session 1: 4/9, 4/23, 4/30, 5/7 (4 wks)

Session 2: 5/14, 5/21, 5/28, 6/4 (4 wks)

## Yoga Bear - Yoga for Youngsters



A 45-minute yoga class for kids ages 5-10 led by "YogaBear: Yoga For Youngsters" author and yoga teacher Karen Pierce. Karen will take children on a journey through 22 poses that introduce yoga by exploring and imitating animals and nature.

Day: Monday Time: 5:00 - 5:45 pm

Dates: 4/21- 6/16 (8 wks)-no class 5/26

Instructor: Karen Pierce Place: YogaSpace

Fee: \$84.00

## New ~ Fun-gineering – Levers

Young budding engineers love this "hands-on, minds-on" program. Concepts of simple machines such as gears, pulleys, levers and wheels are introduced through a series of activity-card LEGO building projects. With the use of a motor and electrical controls, the models come alive right before their eyes! All new models to tinker with this spring!

Day: Friday Time: 3:15 – 4:30 p.m.

Instructor: Computer Explorers Fee: \$82.00

Dates: 5/2 – 5/30 (5 wks) Place: Center School



## Bowling

Each class features two games of bumper bowling for students in grades 2 - 4. Bus transportation is provided from Huckleberry Hill School to Brookfield Lanes by school bus. When sending in a note each week to the school, please include that your child is attending bowling on bus #26. Pick-up is at Brookfield Lanes.

Day: Thursday Time: 3:50 - 5:30 p.m.

Session 1: 4/10, 4/24, 5/1, 5/8 (4 wks)

Session 2: 5/15, 5/22, 5/29, 6/5 (4 wks)

Fee: \$48.00/session

Instructor: Dave Miller

Place: Brookfield Lanes

## Impressionistic Art Through the Eyes of a Child

We all know Madame Minier as a wonderful French teacher, but did you know that she has a degree in art history, as well? Students in grades 2-4 will discover the world of Impressionistic Art and be taken on a magical journey through the paintings of Degas, Renoir, Gauguin, Monet and Van Gogh. Madame Minier will read stories about children their age who have been on adventures to impressionistic museums, trips to Paris, visits to Monet's gardens and learn to appreciate the brilliance of these artists. Through books, pictures, movies and more, children will study, analyze and express their feelings about several famous works by these artists and then using colored pencils will create a book of their own renditions.

Day: Thursday Time: 3:50 - 4:45 p.m.

Dates: 4/10 - 6/5 (8 wks)-no class 4/17

Place: HHES Art Room

Fee: \$72.00

Instructor: Margee Minier

## Basic Drawing and Watercolor

Students in grades 2 - 4 will join artist Victoria Lange in learning basic drawing and watercolor techniques. Each student will receive individualized attention to be successful at their ability level, culminating with the completion of a painting. Please ask for a materials list when registering. (Materials cost is approximately \$40.00.) Bring a snack and a drink each week.

Day: Tuesday Time: 3:50 - 5:20 p.m.

Dates: 4/8 - 6/3 (8 wks)-no class 4/15

Place: Huckleberry Hill- Room 201

Instructor: Victoria Lange Fee: \$85.00



## Magic Workshops

Calling all future Harry Houdini's and David Copperfield's! Students age 5 - 12 will learn five magic tricks from a full-time professional magician, and will receive their own magic kits

containing the props necessary to perform them at home. All new magicians will also receive their own magic wand, as well as a certificate of completion. Each workshop includes different magic tricks, so students may enroll in both.

Instructor: Tom O'Brien Fee: \$15.00 each

Presto - Magic Workshop 3:

Wednesday, March 19, 3:50 - 4:50 p.m., HHES Music Rm.

Alakazaam - Magic Workshop 4:

Wednesday, April 23, 3:50 - 4:50 p.m. HHES Music Rm.

## Junior Floor Hockey

Students in grades 2 - 4 will learn the basic rules of floor hockey and participate in games. All students are required to bring their own goggles.

Session 1: Tuesday, 4/8- 6/3 (8 wks)-no class 4/15

Session 2: Wednesday, 4/9 - 6/4 (8 wks)-no class 4/16

Time: 3:50 - 4:50 p.m.

Place: HHES Lower Gym

Instructor: Kylie Dunn

Fee: \$40.00/session



## Drawing Mixed Media

Paint, Draw & More! drawing classes teach young artists in grades 1-4 to draw what they see, to enhance their drawings with

their own ideas and concepts, and to use different materials in creative ways. Students learn to draw in a non-competitive, creative and fun environment. This art program helps children build self-esteem through personal drawing success, and helps them develop an understanding of spatial and color relationships. We will use pencils, markers, watercolors, chalk and oil pastels, etc. to draw animals, still life, landscapes, and more. Drawing concepts like composition, shading and perspective will be taught. We use the highest quality materials we can to help our students obtain the best results for their efforts. For more information about Paint Draw and More programs, visit [www.paintdrawmore.com](http://www.paintdrawmore.com)

Day: Friday Time: 3:50 p.m. - 5:20 p.m.

Dates: 4/25 - 6/13 (8 wks)

Instructor: Paula Anderson of Paint, Draw & More!

Place: HHES Art Room

Fee: \$168.00/session (all materials included)

## Hip Hop

Join professional Hip Hop instructor Austin Dailey AKA Bboy Red Supreme. He has a creative approach to teaching street funk moves. Students will discover and develop their own freestyle ability. Classes will cover the foundation of break dance, popping and waving, hip hop steps, party moves, popular party line dances, and innovative dance games. Besides learning new dance skills and some history about Hip Hop, Austin's main goal is to get kids to build their self-image. Only the hottest dance music is used in class, so come find the beat and get funky when moving your feet. All beginners are welcome and no experience is needed.

Day: Friday

Dates: 4/4, 4/11, 4/25, 5/2 (4 wks)

Session 1: Grades 2 - 4 3:50 - 4:50 p.m.

Place: HHES - Upper Gym Fee: \$44.00/session



## "No Cook" Creations

Come and explore the many foods that you can create without the use of an oven or stove. Open to students in grades 2 - 4. Please make us aware of any food allergies when registering.

Day: Monday

Time: 3:50 - 4:50 p.m.

Instructor: Jen Tomaino

Place: HHES Art Room

Session 1: 4/7, 4/21, 4/28, 5/5 (4 classes)

Session 2: 5/12, 5/19, 6/2, 6/9 (4 classes)

Fee: \$39.00/session



## Huckleberry After School, continued



### Martial Arts for Beginners

Students in grades 2 - 4 will be introduced to martial arts and character development through weekly themes including: laser beam focus, 3 rules of concentration, 20 ways to respect your teacher, coordination, self discipline, self control, physical fitness and more. The basic martial arts skills taught will prepare students to break a board and test for their white belt after the course ends. The purchase of a uniform or T-Shirt to wear in class is optional and must be arranged by visiting Zandri's Martial Arts directly prior to the first class. Contact them at 775-7150.

Day: Friday Time: 3:50 – 4:35 p.m.

Dates: 4/25 – 5/16 (4 wks) Fee: \$28.00

Instructor: Zandri's Martial Arts

Place: Huckleberry Hill School – Upper Gym

### New ~ The Spring Cotillion Club

The Cotillion Club provides students in Grades 2 - 4 with an opportunity to learn and practice manners and etiquette, which promotes self-confidence and consideration toward others. The theme for this session will be "Hosting Social Events". Activities will include writing invitations, basic introductions, table manners, as well as steps in being a good host/hostess. Students will also learn the social dance fundamentals of Fox Trot, Cha Cha, Swing and more. Students should wear dress shoes each week.

Day: Friday Time: 3:50 – 4:50 p.m.

Dates: 4/25- 5/30 (6 wks) Fee: \$35.00

Instructor: Frances Van Zanten

Place: Huckleberry Hill – Music Room



### Flag Football

Students in grades 2- 4 will be introduced to the basics in this non-contact class.

Session 1: Thursday, 4/10 – 6/5 (8 wks)-no class 4/17

Session 2: Friday, 4/11 – 6/6 (8 wks)-no class 4/18

Place: HHES Lower Gym Time: 3:50 – 4:50 p.m.

Instructor: Dillon Heckmann Fee: \$40.00/session

### New ~ Felt Punching

Be among the first to learn about the latest craze in sewing...felt punching! Using a special machine (with safety features), students in grades 2-4 will actually "punch" decorative fabrics into a base fabric to make designs on bookmarks, a felt belt, a pocketbook or change purse and a wall hanging. All materials are included, just bring your imagination!

Day: Monday Time: 3:50 – 5:20 p.m.

Dates: 4/21 – 5/12 (4 wks) Fee: \$52.00

Place: HHES Art Room Instructor: Debbie Vizi



### Yoga Bear - Yoga for Youngsters

A 45-minute yoga class for kids ages 5-10 led by "YogaBear: Yoga For Youngsters" author and yoga teacher Karen Pierce. Karen will take children on a journey through 22 poses that introduce yoga by exploring and imitating animals and nature.

Day: Monday Time: 5:00 - 5:45 pm

Dates: 4/21- 6/16 (8 wks)-no class 5/26

Instructor: Karen Pierce Place: YogaSpace

Fee: \$84.00

## Whisconier After School



### Ice Cream Social -Grades 5 & 6

We're scooping up tons of fun for 5<sup>th</sup> and 6<sup>th</sup> Graders at our 10<sup>th</sup> Annual Ice Cream Social on Friday, June 6. Social will be held at the Town

Park (Beach), and features games, swimming, and ice cream. Leave from WMS by chartered bus at 2:30 p.m. Parents are to pick up students at the Town Park at 5:00 p.m. Fee is \$10.00 per student, and pre-registration is required.

### Hip Hop

Join professional Hip Hop instructor Austin Dailey AKA Bboy Red Supreme. He has a creative approach to teaching street funk moves. Students will discover and develop their own freestyle ability. Classes will cover the foundation of break dance, popping and waving, hip hop steps, party moves, popular party line dances, and innovative dance games. Besides learning new dance skills and some history about Hip Hop, Austin's main goal is to get kids to build their self-image. Only the hottest dance music is used in class, so come find the beat and get funky when moving your feet. All beginners are welcome and no experience is needed.

Day: Friday

Dates: 4/4, 4/11, 4/25, 5/2 (4 wks)

Session 1: Grades 2 – 4 3:50 – 4:50 p.m.

Session 2: Grades K and 1 5:00 – 6:00 p.m.

Session 3: Grades 5 - 8 6:10 – 7:10 p.m.

Place: HHES Upper Gym Fee: \$44.00/session



### Tweens & Teen Yoga

A Class for 12-17 year olds. Teens who think yoga is too sissy will find this lively class with upbeat music a nice combination of physical challenge, stress relief, relaxation and fun.

Yoga practice benefits today's busy adolescents just as it would any other person allowing them to de-stress and center themselves. It's an inspiring way to cultivate confidence, improve focus, increase body awareness, and create a positive body image. Chill out with other teens in this ancient Indian art of self-discipline and development. Plus...yoga is cool. No yoga experience is necessary. All levels welcome. Wear loose or stretchy clothing.

Day: Monday Time: 4:00 - 5:00 p.m.

Dates: 4/21 – 6/16 (8 wks) – no class 5/26

Instructor: Karen Pierce Place: YogaSpace

Fee: \$84.00



### Babysitting 101

This Red Cross accredited course will instruct babysitters ages 11 and up in the responsible care of children, including: basic care, safety, first aid, and first aid for breathing emergencies. All students will

receive their own notebooks filled with useful information for babysitters. Red Cross Babysitter Certification cards will be awarded upon successful completion.

Session 1: Friday, April 18, 9:00 a.m. – 3:00 p.m.

Class is held at Town Hall. Bring a lunch, drink, and pen or pencil. Instructor: Peggy Boyle Fee: \$55.00



## Basic Drawing and Watercolor

Students in grades 5 – 8 will join artist Victoria Lange in learning basic drawing and watercolor techniques. Each student will

receive individualized attention to be successful at their ability level, culminating with the completion of a painting. Please ask for a materials list when registering. Materials cost is approximately \$40.00. Bring a snack and a drink.

Day: Monday Time: 2:30 – 4:00 p.m.

Dates: 4/7 – 6/9 (8 wks)-no class 4/14, 5/26

Place: WMS Art Room Instructor: Victoria Lange

Fee: \$85.00

## Successful Study Skills for the Middle School Student

Good study skills and strategies can mean the difference between failure and success in school. These abilities become more and more vital as workloads increase for students moving through middle and high school. In this one-day overview program students will be introduced to organizational and study strategies along with time management guidelines and test taking tips. Students will leave with several handouts to help them put these guidelines into action in the real world. This is a limited small group session taught by an experienced teacher of Study Skills. Material is geared toward students in middle and high school.

Day: Saturday Time: 10:00 a.m. – 1:00 p.m.

Date: 5/3 Fee: \$35.00

Place: Tutoring Club, 270 Federal Road

Instructor: Susan Taylor



## Weight Training for Beginners

These classes are designed to teach students ages 12-15 the fundamentals of weight training. Students will learn to use weight training

equipment, in a supervised format. Exercises such as the Bench Press and Squat, and related assistance movements will be emphasized. Upon completion of this course, students will be able to follow a workout with weights, using proper form and technique.

Day: Saturday Time: 9:00 – 10:30 a.m.

Dates: 5/3 – 6/7 (6 wks) Fee: \$100.00

Instructor: Rob Delavega

Place: NO LIMIT Fitness, 1120 Federal Rd, Brookfield

## New ~ Sew for Yourself!

Students in grades 5-8 will practice basic sewing skills as they create useful projects including a tote bag, pillowcase, pocketbook or pajama bottoms. All students should bring a yard of 100% cotton (36" wide) fabric in a pattern of their choice to the first class, which is what we'll use to make a tote bag. Once students decide what other project(s) they would like to complete, materials will be discussed on an individual basis, and should be brought to class the following week.

Day: Thursday Time: 2:30 – 4:00 p.m.

Dates: 4/24 – 5/15 (4 wks) Fee: \$52.00

Place: WMS Home Ec. Room Instructor: Debbie Vizi

## Digital Photography

Come join us and capture the moment! What better way to capture the world than through a digital camera lens, using WMS as our canvas. Students will learn how to operate a Sony Mavica digital camera, which we will provide, and learn picture effects such as color, black & white, sepia tone and more. Students are welcome to bring their own cameras if they have one. Students will learn the technique of formal portraiture events by the use of video and slide shows. They will also learn how to transfer their images to the computer screen and make prints for display and take home. Classes are limited to 5 students to allow for individual attention. *All students will receive a burned cd of their photos to keep at the end of class.*

Session 1: Monday, 4/7 – 6/9(8 wks)- no class 4/14, 5/26

Session 2: Tuesday, 4/8 – 6/3 (8 wks) – no class 4/15

Time: 2:30 – 4:00 p.m.

Place: WMS Classroom

Instructor: Penny Brennan

Fee: \$80.00/session



## Golf Lessons for Juniors

These classes are intended to provide students ages 8 – 15 with a solid base in the fundamentals of golf, as well as to get them prepared to play and to enjoy the game. The

classes are ideal for both beginners who have never played before and for more experienced players who want to improve one or all aspects of their game. The typical class schedule is:

Class 1: Introduction/Set-up and Swing with Irons

Class 2: Review/Set-up and Swing with Woods

Class 3: Pitch Shots and Bunker Play

Class 4: Chipping and Putting

Also included during these classes will be work on faults and fixes, drills, rules and etiquette, course management and strategy, some computer video swing analysis, and much more. Students can bring their own clubs, or Golf Quest will provide them for you. A 7-iron and 5 iron will be used during class 1 and clubs for other sessions will be discussed during class. Fee is \$110.00 for any one month of four classes. All classes meet 4:30 – 5:30 p.m. at Golf Quest, 1 Sand Cut Road.

April: 4/9, 4/16, 4/23, 4/30 (Wednesdays)

May: 5/8, 5/15, 5/22, 5/29 (Thursdays)

June: 6/2, 6/9, 6/16, 6/23 (Mondays)

July: 7/8, 7/15, 7/22, 7/29 (Tuesdays)

August: 8/6, 8/13, 8/20, 8/27 (Wednesdays)

September: 9/4, 9/11, 9/18, 9/25 (Thursdays)

## Youth Employment Program

The Youth Employment Program is a non-profit program designed to assist students (12 years and older) in seeking part-time employment for after school and summer employment in our community.

The students are hired by a local resident to perform such tasks as: Babysitting, Yard work, Housecleaning, Office Assistance, Pet Sitting, Painting, Car washing and Shoveling in the winter. The local resident pays the student for performing these tasks. Students seeking employment and Residents seeking help, who are interested in participating in the Program should contact The Brookfield Parks & Recreation Office at 203-775-7310 and ask for Nina.

## College Planning 101: Intro. to Admissions

Your student is beginning the college planning process. But where do you start? PSAT first? Which test should follow, SAT or ACT?--And when? How do you choose schools? When do you visit? What about those endless applications and essays? This seminar gives you a road map to the process based on the experiences of seasoned admissions councilors. It is geared toward the families of current HS Juniors entering the process and sophomores who want a head start. Parent(s) and their student should attend.

Day: Thursday Time: 7:00 – 9:00 p.m.

Date: 3/27 Fee: \$25.00/family

Place: Tutoring Club, 270 Federal Road

Instructors: Neil Adam- Academic Director, Admissions Councilor and Bill Gross, Director

## SAT Math Review

The last SAT of the school year is being given on Saturday, June 7. This course is for the student who would like to focus on preparing for the math section of the SAT or who would like to improve their score on the math portion of the test. The course will include concepts review and practice tests. A copy of the 2006 Edition of "The Official SAT Study Guide" for each student is included in the course fee. Class maximum is 10 to allow for individualized attention.

Day: Tuesday Time: 7:00 – 9:00 p.m.

Dates: 4/29 – 6/3(6 wks) Fee: \$130.00

Place: BHS Classroom Instructor: Margie Aldrich

## Hip Hop

Join professional Hip Hop instructor Austin Dailey AKA Bboy Red Supreme. He has a creative approach to teaching street funk moves. Students will discover and develop their own freestyle ability. Classes will cover the foundation of break dance, popping and waving, hip hop steps, party moves, popular party line dances, and innovative dance games. Besides learning new dance skills and some history about Hip Hop, Austin's main goal is to get kids to build their self-image. Only the hottest dance music is used in class, so come find the beat and get funky when moving your feet. All beginners are welcome and no experience is needed.

Day: Friday

Dates: 4/4, 4/11, 4/25, 5/2 (4 wks)

Time: Grades 9 – 12, 7:20 – 8:20 p.m.

Place: HHES Upper Gym Fee: \$44.00/session



We are currently accepting applications for the following seasonal summer positions:  
Lifeguard, Camp Counselor

The Town of Brookfield is an equal opportunity employer. Contact the Parks & Recreation Office at 775-7310 for more information or to request an application. Applications are also available for download from our website.  
Deadline for applications: 3/14/08

## Full Day Camps – Camp Cadigan

**CAMP REGISTRATION BEGINS MARCH 31 IN PERSON OR BY MAIL. You may register over the telephone beginning April 7 using MC, Visa, or Amex.**

**WEEK 1: June 23 – 27**

**WEEK 2: June 30 – July 3 (NO CAMP 7/4)**

**WEEK 3: July 7 – 11**

**WEEK 4: July 14 – 18**

**WEEK 5: July 21 – 25**

**WEEK 6: July 28-August 1**

**WEEK 7: August 4 – 8**

**WEEK 8: August 11 – 15 \*\*FULL DAY CAMPS ONLY\*\***

## Camp Cadigan



This outdoor based camp is for children entering grades 3 to 6. Activities include tennis, soccer, wiffleball, open swim, outdoor games, a variety of arts & crafts, and special theme day activities. Trips will be made to local entertainment (such as bowling, mini-golf, or the movies) twice a week, or in the event of severe inclement weather. Camper/counselor ratio will not exceed 8:1. Campers should bring a lunch, a snack, swimwear, sunscreen and a change of clothes each day. Detailed letters will be mailed out to the parent(s) of all registered campers one week before their session begins.

Time: 9:00 a.m. to 5:00 p.m.

Days: Monday - Friday

Place: Cadigan Pavilion

Weeks: See above

Fee: \$160.00/week

\*Please note that the fee for week #2 has been discounted to \$128 because of the shortened week.

## Camp Cadigan Early Morning Drop Off/Late Afternoon Pick Up

Campers can come to Camp Cadigan as early as 8:00 a.m., and stay as late as 6:00 p.m. **PRE-REGISTRATION IS REQUIRED.** Fee is \$4.00 per day for either early drop off or late pick up.

### What is a typical day at Camp Cadigan?

9:00 – 9:30 a.m.

Camper's Choice (Board Games, Tennis, Catch, etc.)

9:30 – 10:15 a.m.

Group Games (Kickball, Wiffleball, Red Rover, etc.)

10:15 – 10:30 a.m.

Snack

10:30 a.m. – 12:00 p.m.

Beach (Swimming, Basketball, Nukem, Shuffleboard)

12:00 – 12:30 p.m.

Lunch

12:30 – 1:30 p.m.

Camper's Choice / Arts & Crafts /Theme Activities/ Games

1:45 – 4:00 p.m.

Beach (Swimming, Basketball, Nukem, Shuffleboard, 4:00 – 5:00 p.m.

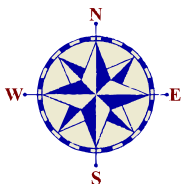
Group Games/Camper's Choice



## Full Day Camps – Camp Voyager

**CAMP REGISTRATION BEGINS MARCH 31 IN PERSON OR BY MAIL. You may register over the telephone beginning April 7 using MC, Visa, or Amex.**

**WEEK 1: June 23 – 27**  
**WEEK 2: June 30 – July 3 (NO CAMP 7/4)**  
**WEEK 3: July 7 - 11**  
**WEEK 4: July 14 - 18**  
**WEEK 5: July 21 - 25**  
**WEEK 6: July 28-August 1**  
**WEEK 7: August 4 - 8**  
**WEEK 8: August 11 – 15 \*\*FULL DAY CAMPS ONLY\*\***



### Camp Voyager

Campers entering grades 5 - 8 will be engaged in a variety of activities everyday from swimming, roller-skating, bowling, miniature golfing and hiking to visits to amusement parks, water parks and ball

games. All trips, bus transportation, and a T-shirt for each camper are included in fee. Air conditioned coach buses will be used daily to transport campers. A schedule of all activities, as well as suggestions for what to bring to camp each day will be mailed to all registered campers one week before their session begins. Camper to counselor ratio will not exceed 8:1.

Time: 9:00 a.m. to 5:00 p.m.

Days: Monday - Friday

Place: Huckleberry Hill School Lower Gym

Weeks: See above

Fee: \$240.00/week

\*Please note that the fee for week #2 has been discounted to \$192 because of the shortened week.

### Camp Voyager Early Drop Off/Late Afternoon Pick Up

Campers can now come to Camp as early as 8:00 a.m., and stay as late as 6:00 p.m. **PRE-REGISTRATION IS REQUIRED.** Fee is \$4.00 per day for either early drop off or late pick up.

Where are some of the places that Camp Voyager went during the summer of 2007?

Yankee Stadium, Danbury Duck Pin, Splashdown Water Park, Lake Waramaug State Park, Lake Compounce Amusement Park, Lore's Lanes, Misquamicut, Danbury Ice Arena, Winding Trails, New Britain Rock Cats, Maritime Aquarium, and Mountain Creek  
(just to name a few)

## Full Day Camps– Camp Cornucopia

**CAMP REGISTRATION BEGINS MARCH 31 IN PERSON OR BY MAIL. You may register over the telephone beginning April 7 using MC, Visa, or Amex.**



### Camp Cornucopia

This camp is designed to pack as much fun as possible into the summer for students entering grades 3 – 6. In this week long camp, students will be going to the beach, roller-skating, bowling, miniature golfing and hiking as well as spending some time at camp engaging in traditional camp games and activities. All trips, bus transportation, and T-shirts for campers are included in fee. A schedule of all activities, as well as suggestions for what to bring to camp each day will be mailed to all registered campers one week before the session begins.

Dates: 8/18 – 8/22

Time: 9:00 a.m. to 5:00 p.m.

Days: Monday - Friday

Place: Cadigan Pavilion

Fee: \$195.00

### Camp Cornucopia Early Drop Off/Late Afternoon Pick Up

Campers can now come to Camp as early as 8:00 a.m., and stay as late as 6:00 p.m. **PRE-REGISTRATION IS REQUIRED.** Fee is \$4.00 per day for either early drop off or late pick up.

## Counselor In Training Program

**WEEK 1: June 23 – 27**  
**WEEK 2: June 30 – July 3 (NO CAMP 7/4)**  
**WEEK 3: July 7 - 11**  
**WEEK 4: July 14 - 18**  
**WEEK 5: July 21 - 25**  
**WEEK 6: July 28-August 1**  
**WEEK 7: August 4 – 8**

### Counselor in Training Program

Students ages 13 and 14 will learn the skills they will need to become successful camp counselors including; basic first aid, characteristics of children, leadership skills, games and arts & crafts. C.I.T's will receive instruction during camp hours ( 9:15 a.m.- 12:15 p.m.), and will be assigned to work with experienced counselors. Each C.I.T will receive a staff T-shirt and a binder of information. Space is limited to 10 C.I.T.'s each session. Sign up for any or all sessions.

Time: 9:15 a.m. to 12:15 p.m.

Days: Monday to Friday

Place: Huckleberry Hill School

Weeks: See above

Fee: \$40.00/week

\*Please note that the fee for week #2 has been discounted to \$32.00 because of the shortened week.

## Traditional Half-Day Camps

**CAMP REGISTRATION BEGINS MARCH 31 IN PERSON OR BY MAIL. You may register over the telephone beginning April 7 using MC, Visa, or Amex.**

**WEEK 1: June 23 – 27**

**WEEK 2: June 30 – July 3 (NO CAMP 7/4)**

**WEEK 3: July 7 - 11**

**WEEK 4: July 14 - 18**

**WEEK 5: July 21 - 25**

**WEEK 6: July 28-August 1**

**WEEK 7: August 4 - 8**

## Summer Better Than Others

Campers will participate in arts & crafts, games, special theme days, trips to Kids Kingdom (grade 1) or the Town Park (grades 2- 5), and much more. Children must be entering 1<sup>st</sup> – 5<sup>th</sup> grade in order to attend camp.

Camper/counselor ratio will not exceed 8:1.

Time: 9:15 a.m. to 12:15 p.m.

Days: Monday to Friday

Place: Huckleberry Hill School

Weeks: See Above Fee: \$58.00/week

\*Please note that the fee for week #2 has been discounted to \$46.00 because of the shortened week.



## Camp Pee Wee

For children ages 3 ½, 4 or entering kindergarten. Campers will be involved in arts & crafts, games, story hours,

weekly trips to Kids Kingdom and daily theme activities. Our camper to counselor ratio will not exceed 6:1. **All children attending must have turned 3 years old by December 31, 2007.**

Time: 9:15 a.m. to 12:15 p.m.

Days: Monday to Friday

Place: Huckleberry Hill School

Weeks: See above Fee: \$58.00/week

\*Please note that the fee for week #2 has been discounted to \$46.00 because of the shortened week.

## Important Information for Camp Summer Better than Others and Camp PeeWee:

Camp groups are made the week before the start of each session. Counselors will be calling the parents of all campers a few days before the camp week starts to let them know what room to report to. Once your child is assigned to a group, you can assume that they will be with that group for the duration of their camp experience.

Children should be brought to their assigned rooms no earlier than 9:10 a.m. During drop off and pick up times, parents are required to accompany their child to his/her group and sign in, as well as sign out at the end of the day. Any one dropping off early or picking up late will be assessed a charge of \$5.00 per 15 minutes.

If your child is to be picked up by any other adult, a note stating this needs to be given to your child's counselors in the morning.

Children should wear sneakers and comfortable clothing to camp. There is also a snack time for campers each day. Please send snacks in containers clearly marked with your child's name. We ask that you do not send in snacks containing peanuts, as we have many campers with severe allergies.

## Sports Camps

**CAMP REGISTRATION BEGINS MARCH 31 IN PERSON OR BY MAIL. You may register over the telephone beginning April 7 using MC, Visa, or Amex.**



## Field Hockey Camp

Back by popular demand! Girls entering grades 5 – 9 will practice passing, dribbling, shooting, and field hockey concepts from Shannon Skelly. This camp is the perfect introduction for girls looking to learn the game in order to try out for the middle school or freshman team, as well as for those who have

played before and are looking to reinforce their skills.

Campers will need to bring their own stick, and a water bottle and snack each day. A T-shirt for all campers is included.

In case of rain, camp will meet in the gym.

Days: Monday - Friday

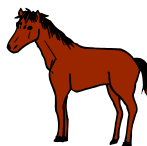
Place: WMS- front field

Time: 9:00 a.m. - 12:00 p.m.

Fee: \$70.00

Dates: 7/14 - 7/18 (1 wk)

Instructor: Shannon Skelly



## Summer Horse Camp

The program meets 9:00 a.m. – 12:00 p.m. and consists of a daily riding lesson (1 to 1 ratio for beginners, each has individual

assistant) horse care, grooming, and tacking up with the utmost attention to safety. Games, contests and demonstrations complete the fun. Long pants and a shoe with a heel recommended. Hard hats are provided. Camp is held rain or shine as the Farm has a large indoor arena.

Bring a snack and a big smile. Held at Brushy Hill Farm (just 13 minutes from the Flagpole in Newtown) 15 Coachman Drive, Southbury. Take I 84 Exit 14, left onto Rte 172 North; proceed 4 miles to Farm on the right, about ¼ mile before the 4-way stop intersection. To access the Farm, turn right onto Coachman's Drive off of Route 172 and the farm driveway is the first on the left. Orientation is held on the first day of camp (Mondays) at 8:00 a.m. Any questions, visit their website at [www.brushyhillfarm.com](http://www.brushyhillfarm.com) or call Ev at 203-262-6466. Camp is open to Little Britches (ages 3-6), Short Stirrups (ages 7-10) and Equestrians (age 11 and up). Drop off times are between 8:30 – 9:00 a.m. each day. Pick up times are between 12:00 – 12:30 p.m. Fee:

\$295.00/week.

Week 1: June 23-27

Week 2: July 7-11

Week 3: July 14 – 18

Week 4: July 21 - 25

Week 5: August 11-15



## Junior Volleyball Camp

Open to students in grades 5 – 8 who want to learn or practice the basics including serving, passing, and hitting. This program is a great opportunity for middle school students who are

considering trying out for the BHS team. Please bring a snack and a water bottle. A T-shirt is included for all participants.

Days: Monday - Friday

Dates: July 21 - 25(1 wk)

Time: 10:00 a.m. – 1:00 p.m.

Place: BHS Gym

Instructor: Donna Korb

Fee: \$75.00

## Sports Camps, continued

**CAMP REGISTRATION BEGINS MARCH 31 IN PERSON OR BY MAIL. You may register over the telephone beginning April 7 using MC, Visa, or Amex.**

### Volleyball Camp

Recreational volleyball program for those entering grades 9-12. Return players will greatly benefit by honing their skills and learning new ones, and is a great opportunity to keep your skills up in the summer. Beginning players will learn the basics of passing, setting, hitting, serving, blocking, and court positioning. Bring a lunch and a water bottle, and get ready for some fun! Sign up for individual weeks (7/28 – 8/1 or 8/4 – 8/8) at a cost of \$90.00. A T-shirt for all participants is included.

Days: Monday - Friday Time: 9:00 a.m. - 1:00 p.m.

Dates: July 28 – August 8 (2 wks)

Instructors: Cara Abraham and Donna Korb

Place: WMS Gym Fee: \$170.00



### Basketball Camp

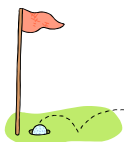
Participants will receive individual and group instruction on all aspects of the game of basketball as taught by Coach Kevin McGinniss and his assistants. This co-ed camp for students entering grades 3 - 9 also features a

shirt for every player, juice daily (available for purchase on site), posters, 2 games a day, contests, prizes, and trophies. All participants will receive their own regulation game ball. Please bring a lunch and a drink each day.

Days: Monday - Friday Time: 9:00 a.m. - 2:00 p.m.

Dates: July 7 – 11 (1 wk) Instructor: Kevin McGinniss

Place: BHS Gyms Fee: \$110.00



### Golf Camp

Junior golfers ages 8 – 15, with or without previous experience will enjoy learning the game of golf in a fun atmosphere. Camp includes fundamentals of the golf swing, playing with

woods and irons, pitching and sand play, chipping and putting, contests, rules and etiquette, videotape of your swing, mini-golf tournament, learn and play on a local course, awards, and a pizza party for campers each Friday. Campers may bring their own clubs or use those provided. Camp meets at Golf Quest, 1 Sand Cut Road, Brookfield. (Parents will be asked to provide transportation one day during the session to a local golf course.) The fee is \$259.00 per week. Camp meets 9:00 a.m. – 12:00 p.m. Monday -Thursday, and 10:00 a.m. – 1:00 p.m. on Friday.

Week 1: June 23-27 Week 2: June 30-July 4

Week 3: July 7-11 Week 4: July 14-18

Week 5: July 21-25 Week 6: July 28 - August 1

Week 7: August 4-8 Week 8: August 11-15

Week 9: August 18-22

## Sports Camps, continued

**CAMP REGISTRATION BEGINS MARCH 31 IN PERSON OR BY MAIL. You may register over the telephone beginning April 7 using MC, Visa, or Amex.**



### New ~ SNAG Golf

Campers ages 5-7 will enjoy learning the sport of golf through an innovative program called SNAG (Starting New at Golf). The SNAG system emphasizes safety and fun sports instruction. Campers will build their confidence as they learn proper techniques and etiquette. Participant to coach ratio is approximately 8:1. Campers should bring a water bottle and snack.

Days: Monday – Friday

Time: 9:00 a.m.– 12:00 p.m.

Dates: July 14-18

Place: WMS-back field

Fee: \$109.00

### Tiny Hawks Multi Sport Camp

Tiny Hawks, an introductory program for ages 3-4, will help children fine-tune their motor skills through various sporting activities and games. General concepts will be introduced in soccer and tee-ball while enhancing skills in hand-eye coordination, teamwork, sportsmanship, foot-eye coordination, cooperation and balance. No pressure, just lots of fun using age appropriate games and equipment.

Children must be potty trained in order to attend. Camper to coach ratio is 6:1. Campers should bring shin guards (recommended), and a water bottle, and wear sneakers, appropriate clothing (t-shirt, shorts) and sunscreen to camp. Every camper will receive a ball and camp t-shirt.

Session 1: June 16 – 20, 4:00 – 5:20 p.m.

Session 2: August 18 – 22, 9:00 – 10:20 a.m.

Session 3: August 18 – 22, 10:30 – 11:50 a.m.

Days: Monday – Friday

Place: WMS – back field

Fee: \$70.00/session



### Mini Hawks Multi Sport Camp

This introductory program will teach children ages 4 - 7 beginning skills in basketball, soccer and baseball through unique Skyhawks' games. They will tune up their motor skills while refining their dexterity, balance and coordination with and without the ball. There is no pressure, just lots of fun! All participants will receive a ball and camp t-shirt. Campers should bring shin guards (recommended), two snacks and a water bottle, and wear sneakers, appropriate clothing (t-shirt, shorts) and sunscreen to camp. In the event of rain, the program will meet in the gym.

Days: Monday – Friday

Dates: August 18-22

Time: 9:00 a.m. – 12:00 p.m.

Place: WMS – back field

Fee: \$109.00



**Full Day and Half-Day Multi Sport Camp**

Experience over 15 different sports from around the world in these camps for children ages 5-7, and 7-14! All activities will take place in an atmosphere which promotes good sportsmanship, teamwork and most of all fun. Campers will receive technical instruction in each sport, including badminton, baseball, basketball, bocce, cricket, net ball, field hockey, flag football, lacrosse, hand ball, floor hockey, pillo polo, soccer, softball, tennis, touch rugby and volleyball, and then experience the sport in a realistic game situation. Camper to counselor ratio will not exceed 12:1, and each camper will receive a t-shirt and certificate. Please bring a lunch and a water bottle each day. In case of rain, this program will meet in the gym.

Days: Monday – Friday Dates: 8/11-15 (1 wk)  
 Time: Half-Day (Ages 5-7), 9:00 a.m. – 1:00 p.m. - \$140.00  
 Full-Day (Ages 7-14), 9:00 a.m. – 3:00 p.m. - \$160.00  
 Instructor: US Sports Institute Place: WMS-back field

**Melendez Tennis Camp**

Melendez Tennis Camps are high-quality, half-day camps that offer boys and girls entering grades 2-8 an opportunity to develop lifetime skills in the sport of tennis. Campers will work with qualified instructors in small, age and skill appropriate groups and will be taught the skills and etiquette necessary to become successful tennis players. Campers will also have the opportunity to develop interpersonal and social skills as they enjoy organized off-court activities with their peers. A few reasons why Melendez Tennis Camps stand above the rest: *4:1 Student to Instructor Ratio, Weekly Individual progress reports, Live videotape stroke analysis and Culminating award ceremony and exhibition tournament.* Campers should wear sneakers and athletic clothing and bring a water bottle each day. Campers must supply their own racquets and bring a can of tennis balls. A camp t-shirt is included in the fee. In case of rain, the program will meet in the gym at BHS. Visit [www.MelendezTennis.com](http://www.MelendezTennis.com) for more camp details.

Days: Monday – Friday Times: 8:30 a.m. – 12:00 p.m.  
 Session 1: 7/21 – 25 (1 wk) Place: BHS Tennis Courts  
 Session 2: 7/28 – 8/1 (1 wk)  
 Fee: \$150.00/week (Or two weeks for \$285.00)

**New ~ Melendez Tennis Intensive**

Melendez Tennis is now offering an intensive workshop for intermediate to advanced players. During each daily 90-minute session players will have the opportunity to further hone their tennis skills in a small group setting. Professional instruction with a maximum of four students per group will emphasize the following: Advanced biomechanical technique for all strokes, Strategic point combinations and attacks, Mental toughness and tournament preparation, and Culminating match-play tournament with prizes. First priority to this *limited enrollment* Workshop will go to players entering grades 4-8 who are enrolled in the Melendez Tennis camp. Since the *Intensive* is geared for intermediate-advanced players, a skills assessment may be required. Visit [www.MelendezTennis.com](http://www.MelendezTennis.com) for more details.

Days: Monday – Friday Time: 12:30 – 2:00 p.m.  
 Dates: 7/28 – 8/1 (1 wk) Fee: \$99.00  
 Place: BHS Tennis Courts

**CAMP REGISTRATION BEGINS MARCH 31 IN PERSON OR BY MAIL. You may register over the telephone beginning April 7 using MC, Visa, or Amex.**

**3rd Annual Bobcats Football Camp**

We're proud to present our third annual Bobcats Football Camp. This non-tackle, skills-based camp is open to boys and girls entering grades 2 -12 of all skill

levels, introductory through advanced. Our camp includes a comprehensive approach and the most up-to-date fundamentals, skills, techniques, and drills used in the development of offensive and defensive skills at every position. Under the direction of Coach Rich Angarano and the BHS staff, along with an experienced team of volunteer coaches, the camp will be a fun and safe opportunity for youth to learn about football and to take away skills that will help them if they choose to play tackle football in the future. Each camper will receive concentrated work in the areas of skill and coordinated movement. Our goal is to teach, and teach and teach during this clinic! The last day will include a flag football tournament so players may apply the skills they have learned. Campers should wear non-metal cleats or football shoes, athletic clothing (shorts, socks, and t-shirt), and bring a mouthpiece and water bottle each day. Fee includes camp t-shirt.

Days: Monday - Friday (1wk) Time: 6:00 - 8:00 p.m.  
 Dates: July 14 -18 (rain dates of 7/19 & 7/20 if necessary)  
 Place: BHS Football Fields (Brookfield High School)  
 Fee: \$65.00

**Crew Camp**

Come learn about this wonderful, fast growing sport during the GMS Rowing Center's Summer Co-Ed Crew Camp especially for teens entering grades 8 - 12. Students will be introduced to the basics of the rowing stroke, become familiar with the boat or "rowing shell" and learn how to launch and get in and out of the boat. From then on students will be on the water getting instruction in the boat towards the goal of rowing in unison – as a crew. So join us, meet GMS' world-class coaching staff and make new friends while rowing on Lake Lillinonah. All equipment is provided. Please wear sneakers, clothes suitable for a workout (not too baggy) and bring a water bottle. Although the boats are extremely stable, this program is not recommended for non-swimmers.

Session 1: 5 Days a Week, Monday through Friday

Dates: June 2 – August 8

Time: 3:30 – 5:30 p.m.

Fee: \$850.00

Place: GMS Rowing Center, 172 Grove Street, New Milford

Session 2: 3 Days a Week - Monday, Wednesday, Friday

Dates: June 2 – August 8

Time: 3:30 – 5:30 p.m.

Fee: \$250.00 per month

Place: GMS Rowing Center, 172 Grove Street, New Milford

## Specialty Camps – Art, Drama



### Camp Watercolor

Campers age 8 – 14 will enjoy learning drawing and watercolor painting techniques. Each camper will receive

individualized attention to be successful at their ability level, culminating with the completion of a painting. Bring a snack and a drink each day. Depending on the instructor's schedule, a class on Tuesday may be added at a later date, at no additional cost to students.

Days: Monday, Wednesday, Thursday, Friday

Time: 9:30 a.m. - 12:00 p.m. Place: WMS Art Room

Instructor: Victoria Lange Fee: \$79.00/session

Session 1: July 7 - 11 (no 7/8)

Session 2: August 4 - 8 (no 8/5)

### Pizzazz Art

Children ages 4-6 will express their creativity in this afternoon camp! Working with a wide variety of mediums including paint, paper mache, clay, sand art, wearable art, and more, campers will create several projects throughout the week. Fee includes all materials. Please bring a smock and a snack. This camp runs concurrently with International Kitchen Kids for ages 7-10. Please see page 21 or more information.

Days: Monday – Friday Time: 1:00 – 2:30 p.m.

Dates: 8/11 – 8/15 Instructor: Pam Zavarelli

Place: Center School Room Fee: \$59.00



### Performing Arts Camp

Performing Arts Camp for 6 to 14 year olds is an intensive, fun, highly charged one-week performing arts program. Campers who participate in this camp will receive training in acting, dancing and singing by performing

artists. The end of the week will culminate with a performance for family and friends. For more detailed information, please visit [www.performingartsprograms.biz](http://www.performingartsprograms.biz) or call 860-432-9890 for more information. If you prefer to register online for this program, you may do so through the Performance Arts Programs website listed above.

Days: Monday – Friday Time: 9:00 a.m. – 2:30 p.m.

Dates: July 21 - 25 Fee: \$190.00

Instructor: Performance Arts Programs, Inc.

Place: WMS Café/Stage

### New ~ Paint, Draw & More Camp

This fun summer art camp is offered by Paint, Draw & More for students ages 5-13. Each day is comprised of a full day of creating fine art, some of which may include drawing, painting, mask making, sculpture, bookmaking, cartooning, collage, print making, and group projects. Story telling, music making and movement will also be added as time allows. Activities will take place in and out of doors depending on the weather. Students will explore a variety of mediums and be encouraged to break artistic boundaries and express their creativity in new and exciting ways. Campers should bring a lunch, snack and smock.

Day: Monday – Friday Time: 8:30 a.m.- 2:30 p.m.

Dates: 8/18 – 8/22 Fee: \$285.00

Place: HHES Art Room

## Specialty Camps – Chess, Technology

**CAMP REGISTRATION BEGINS MARCH 31 IN PERSON OR BY MAIL. You may register over the telephone beginning April 7 using MC, Visa, or Amex.**

### New ~ Silver Knights Chess Camp

Spend a week playing and learning about chess from the Silver Knights chess coaches in this week-long program for grades K-8! Coaches are highly-rated professional chess instructors, including a two-time US Open champion and the state champions of Arizona and Pennsylvania. Silver Knights have taught thousands of children to play, many of whom have won state and national championships. Campers are broken up into groups by skill level, so anyone from total beginners through experienced or highly-rated tournament players are welcome! Each camper will receive a t-shirt and a tournament style chess set. Daily activities will include: learning openings, tactics, endgames, studying master games, playing games against fellow students, and analyzing the student's games. Campers will take breaks for snacks and drinks (provided by parent) and fresh air every hour, and full day campers will eat lunch (provided by parent) and have outdoor time between 12:00 – 1:00 p.m. daily.

For more information, visit [www.silverknightschess.com](http://www.silverknightschess.com)

Days: Monday-Friday

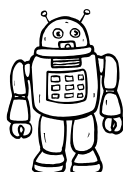
Time: Half-day option 8:30 – 11:30 a.m. Fee: \$170

Time: Full-day option 8:30 a.m.– 2:30 p.m. Fee: \$300

Dates: 8/11 – 8/15

Instructor: Silver Knights Chess Company

Location: WMS Classroom



### Robotics Design for Grades 3-8

Did you ever wonder how a pre-school toy can come alive at the squeeze of its hand or how a toy parrot can start talking to you when you pass by? In this program, we will combine the use of infrared red light sensor and the use of touch

sensor with Lego RCX technology to build a robot who will greet you or even play toss and catch with you.

Days: Tuesday – Thursday Dates: 6/24 – 6/26

Time: 9:30 a.m. – 12:00 p.m. Fee: \$105.00

Place: Newbury Congregational Church, 126 Tower Road

Instructor: Computer Explorers

### Roaming Rover for Grades 3-8

Using the all time favorite Lego bricks and Lego RCX technology, we will be building robotic vehicles to run thru obstacle courses and roam around an imaginary planet. Both building construction skills and basic computer programming techniques will be discussed in this program.

Days: Tuesday – Thursday Dates: 7/22 – 7/24

Time: 1:00 – 3:30 p.m. Fee: \$105.00

Place: Newbury Congregational Church, 126 Tower Road

Instructor: Computer Explorers

## Specialty Camps – Technology, cont.



### Animation Movie Making

Clay and animation, what a perfect combination for students entering grades 3-8! Working in teams, students do it all, from story creation to making the characters with clay and building the sets. As they learn the production

process they will use DIGITAL CAMERA and COMPUTER SOFTWARE to animate, record, download, assemble and edit their own movies. Check out our students' masterpieces in the Student Gallery at [www.computertots.com/northct](http://www.computertots.com/northct).

Days: Tuesday – Thursday

Dates: 8/5 – 8/7

Time: 1:00 – 3:30 p.m.

Fee: \$105.00

Place: Newbury Congregational Church, 126 Tower Road

Instructor: Computer Explorers



### Fun-gineering

Young budding engineers entering grades 1-3 love this "hands-on, minds-on" program.

Concepts of simple machines such as gears, pulleys, levers and wheels are introduced through a series of activity-card LEGO

building projects. With the use of a motor and electrical controls, the models come alive right before their eyes! All new models to tinker with this summer.

Days: Tuesday - Thursday

Dates: 6/24 – 6/26

Time: 1:00 – 3:30 p.m.

Fee: \$105.00

Place: Newbury Congregational Church, 126 Tower Road

Instructor: Computer Explorers

### New ~ Green Engineering

Engineering meets alternative energy for students entering grades 3-6! This program examines how smart engineering design combines with the use of renewable energy sources such as wind, water and solar power can provide the children with a fun and educational experience. Building projects such as turbine windmill, solar car and more will bring these science concepts alive!

Days: Tuesday - Thursday

Dates: 8/5 – 8/7

Time: 9:30 a.m. – 12:00 p.m.

Fee: \$105.00

Place: Newbury Congregational Church, 126 Tower Road

Instructor: Computer Explorers

## Specialty Camps - Assorted

### New ~ International Kitchen Kids

Campers ages 7-10 will learn cooking techniques, ingredients, and safety skills while creating meals and desserts from around the world. Different themes for each day will include Italian, French, Mexican, and American cuisines and a day devoted to future pastry chefs! Please bring a water bottle and let us know when registering if your child has any food allergies. This camp runs concurrently with Pizzazz Art for ages 4-6, please see page 20 for more information.

Days: Monday - Friday

Dates: 8/11 – 8/15

Time: 1:00 – 2:30 p.m.

Fee: \$59.00

Place: Center School Room

Instructor: Jen Tomaino

## Specialty Camps – Assorted, cont.

### New ~ Gothic Hands

Campers entering grades 5-8 don't have to be artists or even have great penmanship to take this camp. They will express themselves through calligraphy! Gothic Hands explores the art of calligraphy, specifically focusing on the basic strokes of block lettering. Students will be guided through the Gothic alphabet and apply what they learn to everyday projects, including flyers, wall/locker hangings, party invitations, unique gifts and more. A Sheaffer Calligraphy Fountain pen with 3 nibs for each camper is included.

Days: Monday - Thursday

Dates: 8/11 – 8/14 (4 days)

Time: 10:00 - 11:15 a.m.

Fee: \$72.00

Place: HHES Classroom

Instructor: Anne Joyce

### New ~ Camp Cotillion

Camp Cotillion provides students in grades 2 -4 with an opportunity to learn and practice manners and etiquette, which promote self-confidence and consideration toward others. The theme for this session will be "Out On the Town". Activities will include proper behavior at the Movie Theater, Restaurants, Stores, as well as Sporting Events. Students will also learn the social dance fundamentals of Samba, Waltz, Polka and more. Students should wear dress shoes each week.

Days: Monday - Friday

Time: 1:00 – 2:00 p.m.

Dates: 7/7 – 7/11 (1 wk)

Fee: \$35.00

Place: HHES Gym

Instructor: Frances Van Zanten

### New ~ Descriptive Writing Workshop

Students entering grades 3-5 will learn to paint a picture with words during this descriptive writing workshop. Activities to model and inspire this type of writing will include nature and art observations as well as explorations of descriptive writing pieces. Specific activities will include readings from authors like Ronald Dahl and Jane Yolen and interaction with great works of art and nature.

Days: Monday – Friday

Time: 10:00 a.m.-12:30 p.m.

Session 1: July 14-17 (4 days)

Session 2: August 11-14 (4 days)

Place: Tutoring Club, 270 Federal Road

Instructors: Sue Taylor and Elaine Krause

Fee: \$99.00

### New ~ Jump Start Your School Year: Get Organized for Success

Good study skills and strategies can make all the difference for a successful new school year. These abilities become more and more vital as workloads increase for students moving through middle and high school. In this program students will be introduced to organizational and study strategies along with time management guidelines and test taking tips. Students will leave with several handouts to help them put these guidelines into action in the real world. This is a limited small group session taught by an experienced teacher of Study Skills. Material is geared toward students in middle and high school.

Days: Tuesdays – Thursday

Time: 10:00 a.m.–12:00 p.m.

Dates: 8/19-21 (3 days)

Instructor: Susan Taylor

Place: Tutoring Club, 270 Federal Road

Fee: \$59.00



## Passes

**All passes are for Brookfield Residents only.**  
**For purposes of our passes, a family is defined as two married adults and dependents in the same household.**  
**We reserve the right to ask for proof of residency.**

**Beach Passes** — If you haven't been to the beach lately, you might be pleasantly surprised! Our Town Park Beach on Candlewood Lake features swimming, basketball and sand volleyball courts, shaded picnic areas with tables and grills and a concession stand. Beach passes for the season will **ONLY** be sold at the Parks & Rec. Office and are available for purchase beginning April 14, 2008.

Family Pass	\$66.00
Individual Pass	\$50.00
Senior Couple Pass	\$40.00 (age 65+, includes husband/wife)
NEW- Senior Family	\$55.00 (age 65+ and up to 4 grandchildren)
Senior Individual Pass	\$32.00 (age 65+)

Guests may enter the Town Beach when accompanied by a Brookfield resident. The daily fee is \$5.00 per guest. Brookfield residents may also pay the daily fee of \$5.00 per person at the gate in lieu of purchasing season passes.



**Boat Passes** — Available April 1, 2008. Brookfield Residents and/or home owners only. You **MUST** bring in your boat and trailer registrations in order to obtain your pass. We do not keep copies on file.

Boat Pass — On Trailer	\$80.00
Boat Pass — Car Top	\$45.00
Senior Boat Pass—On Trailer	\$45.00 (age 65+ the owner)
Senior Boat Pass — Car Top	\$27.00 not the boat)



**William's Park Tennis Passes** - Well maintained Har-Tru clay courts. A court will be available when you get there by reserving it through the Parks & Rec. Office. Courts are open Memorial Day Weekend through October, weather permitting. Available for purchase April 14, 2008.

Family Tennis Pass	\$55.00
Individual Tennis Pass	\$40.00
Senior Tennis Pass	\$35.00 (age 65+)

**Splash Pass** - Enjoy our waterfront facilities and a 10% savings for the beach and boat ramp. Available for purchase April 14, 2008. You **MUST** bring in your boat and trailer registrations in order to obtain your pass. We do not keep copies on file.

Splash Pass — Family	\$129.50
Splash Pass — Senior Family (includes husband/wife)	\$76.50



**Club Pass** - Those who enjoy swimming and tennis will save 10% on this pass for the beach and William's Park tennis. Available April 14, 2008.

Club Pass — Family	\$107.00
Club Pass — Senior Family (includes husband/wife)	\$67.50

## 2008 Brookfield Town Park Beach Hours

### Memorial Day Weekend

Saturday, May 24	11:00 a.m. — 6:00 p.m.
Sunday, May 25	12:00 — 6:00 p.m.
Monday, May 26	11:00 a.m. — 6:00 p.m.

### Early Season - Before the last day of school (Tuesday, May 27 through June 17)

Weekdays	3:00 — 6:00 p.m.
Saturdays	11:00 a.m. — 6:00 p.m.
Sundays	12:00 — 6:00 p.m.

### Summer Season - Begins the last day of school (June 18 through Tues., August 26)

Weekdays	10:00 a.m. — 7:00 p.m.
Wednesdays	NOODLE HOUR 6:00 — 7:30 p.m.
Saturdays	11:00 a.m. — 7:00 p.m.
Sundays	12:00 — 6:00 p.m.

### Late Summer Season (Wednesday, August 27 — Friday, August 29)

CLOSED

### Labor Day Weekend

Saturday, Aug 30	11:00 a.m. — 6:00 p.m.
Sunday, Aug 31	12:00 — 6:00 p.m.
Monday, Sept. 1	11:00 a.m. — 6:00 p.m.

## Town Park Rules

1. No swimming allowed when lifeguard is not on duty.
2. Park passes sold to Brookfield residents and/or homeowners only.
3. Guests must be accompanied by a pass holder or provide proof of residency.
4. No swimming allowed outside the designated areas.
5. No flotation devices are permitted. (Including P.F.D.'s - life jackets)
6. Children 12 and under must have adult supervision at all times.
7. Only one person at a time allowed on the diving board.
8. No dangerous play will be tolerated.
9. Swim team floats may be used under beach personnel supervision only.
10. No food or beverages are allowed on the beach area.
11. No glass is allowed in the Park.
12. No smoking on the beach.
13. No pets of any kind are permitted.
14. No fishing or fishing gear permitted in the Park.
15. No alcoholic beverages of any kind are allowed.

# Swim Lessons and Brookfield Muskrats Swim Team

**SWIM LESSON REGISTRATION BEGINS APRIL 14 IN PERSON OR BY MAIL.**  
**You may register over the telephone beginning April 21 when paying by VISA, MC or AMEX.**



Swim lessons are 1/2 hour in length and are held for ten classes. Lessons are held Monday – Friday at the Town Park Beach. Participants MUST have a family beach pass in order to attend lessons.



Lessons will be cancelled in event of heavy rain or thunder and lightning. Up to two days per session will be made up because of weather cancellations. We are not able to accept registrations once a session begins.

**Session 1: June 23 – July 7 – no class 7/4 (make up days on 7/8 and 7/9)**  
**Session 2: July 10 – July 23 (make up days on 7/24 and 7/25)**  
**Session 3: July 28 – August 8 (make up days on 8/11 and 8/12)**

Fee per session is \$35.00 for one child, \$65.00 for two children, \$90.00 family maximum.

LEVEL:	AGE:	DESCRIPTION:
Pre School Level	3 - 4 yrs	Beginning instruction, water intro, class without parent
Water Exploration Level 1	5 and up	Aquatics orientation, supported floating/kicking
Primary Skills Level 2		Expand fundamental locomotion & safety skills
Stroke Readiness Level 3		Increase swimming competency, safety/rescue
Stroke Development Level 4		Develop confidence & competency in strokes
Stroke Refinement Level 5		Refinement of crawl, back, breast & side strokes
Skill Proficiency Level 6		Introduce surface dives & flip turns

A more detailed list of skills covered at each level is available for your review at the Parks & Recreation Office. We do our best to work with you to ensure that your child is placed at the correct level. However, all swimmers are evaluated by swim instructors on the first day of lessons, and you may be asked to switch levels so that your child will attain the maximum benefit.

	10:50-11:20	11:30-12:00	12:10-12:40	12:50-1:20	1:30-2:00	2:10-2:40	2:40-3:10	3:10-3:40	3:50-4:20	4:30-5:00
Instructor #1	Level 4	Level 1	Pre-school	-----	Level 1	Level 2	-----	Level 4	Level 2	Level 5*
Instructor #2	Level 3	Level 2	Level 5*	-----	Level 3	Pre-school	-----	Level 1	Level 3	Pre-school

\*For session 2 level 6 will be offered in place of level 5 at 4:30 p.m. For session 3 level 6 will be offered in place of level 5 at 12:10 p.m.

## Brookfield Muskrats Swim Team

Swimmers will enjoy the many benefits of the Muskrats Swim Team including daily practices, competing in meets, pasta parties, and team trips. **Practice begins Thursday, June 19 (or the weekday after school ends if after 6/19)** at the Town Park. There will be an orientation meeting for the parents of new and returning swimmers on Tuesday, June 10, 7:00 p.m. in Room 133 of Town Hall. Season calendars and handbooks will be distributed at this time. Practices are held weekdays; times vary depending on

age group. Depending on enrollment, there is a possibility that the practice times may be adjusted slightly when the season begins. Please note that a swimmer's age is as of July 1, 2008. The purchase of a beach pass is *required* to register for the Muskrats. Fee is \$95.00 per swimmer with a family maximum of \$190.00. All swimmers will receive a Muskrats Team T-shirt and swim cap. Please specify t-shirt size (Youth M, Youth L, Adult S, Adult M, Adult L, Adult XL) when registering. Other Team apparel (sweatshirts, shorts, pants) will be available for purchase before the start of the season. Order forms will be available at the 6/10 meeting.

8 & under*	10:15 - 11:00 a.m.	9 & 10	11:00 - 11:50 a.m.
11 & 12	12:05 p.m. – 1:05 p.m.	13 & up	1:05 p.m. – 2:05 p.m.

\*Must pass an evaluation by the Swim Team Coach. All first time 8 and under swimmers will be evaluated on the first day of the program. It is recommended that all swimmers be at Red Cross Level 4 or above.

## Outdoor Adventure – Land & Water

### Beginning Caving

Adults and children ages 9 and up will join the exploration of the mysterious passages in Tory's Cave in Gaylordsville, CT. We invite you to take a close look at the unique environment of a limestone cave. You'll climb, crawl, and slide beneath the surface among stalagmites, stalactites, limestone waterfalls, a disappearing stream and other surprises in the company of a small group. The program covers safety issues, cave facts and fiction. Helmets are provided. Bring your own flashlight. Fee is \$30.00 per person, per day.

**Family Adventure – Ages 9 and up - 9:00 – 11:00 a.m.**

**Caving for Adults – 11:30 a.m. – 1:30 p.m.**

Session 1: Sat., May 10

Session 2: Sun. June 21

### Beginning Rock Climbing

A fun and exhilarating introduction to climbing in a relaxed, friendly environment. Program includes all equipment and instruction, featuring easy to challenging routes to climb. Students ages 8 and up, joined by adults, have the

opportunity to participate as part of the Family Adventure, giving them an opportunity to climb, as well as learn the belay skills necessary to keep climbers safe while on the rocks. Back up safety measures are provided. Meet at St. John's Ledges in Kent. Fee is \$60.00 per person, per day.

**Climbing for Adults – 10:00 a.m. – 2:00 p.m.**

Session 1: Sat., May 17      Session 2: Sun., Sept 14

**Family Adventure– Ages 8 and up–10:00 a.m. – 2:00 p.m.**

Session 3: Sat., May 24      Session 4: Sun., June 15

### Horseback Riding Lessons

This course offers basic horse care, grooming, tacking up, and riding skills from beginner to advanced. In case of inclement weather, lessons will be held in an indoor ring. Register with the Parks &

Recreation Office, and Brushy Hill Farm will contact you directly to set up a mutually convenient lesson time. These group lessons begin the week of April 21 (or at your convenience) and will last for six weeks, one hour each week. Brushy Hill Farm is located in Southbury, just 13 minutes from the flagpole in Newtown. Directions are available at the Parks & Recreation Office. Long pants and shoes with heel are recommended. Hard hats will be provided. Fee: \$295.00

### Crew for Adults – Learn to Row

New rowers will learn the basics of the rowing stroke, become familiar with the parts of the shell, oars and riggers as well as how to launch and sit in the boat. You will get significant "time-on-the-water" over a one-month period. All equipment is provided. Please wear sneakers, clothes suitable for a workout (not too baggy) and a water bottle. Morning sessions will be held on Tuesdays and Fridays from 9:00 - 10:30 a.m. Afternoon sessions will be held on Mondays and Wednesdays from 6:00 – 7:30 p.m.

Session A (a.m.) & B\* (p.m.): May \*(Ses. B on Wed & Fri)

Session C (a.m.) & D (p.m.): June

Session E (a.m.) & F (p.m.): July

Session H ((a.m.) & I (p.m.): August

Place: GMS Rowing Center, 172 Grove Street, New Milford

Fee: \$195.00 per session

24

## Community Connection

### Bluebird Day/Arbor Day Celebration 2008

**Sunday, April 27, 1:00- 4:00 p.m.**

**Huckleberry Hill Elementary School**

Build a bluebird house, meet the "Bat Lady," plant shrubs and celebrate nature at this free event sponsored by the Brookfield Conservation Commission, Brookfield Open Space Legacy and Brookfield Parks and Recreation.

Bluebird house kits, donated by the Conservation Commission, will be assembled at the event. (Please bring your hammer. All the other necessary equipment is provided.). Also featured is a gardening seminar for adults, "Planting for Birds and Butterflies" presented by Kathy Wandelmaier, and a children's program on bats presented by Gerri Griswold, as well as other "green" activities.

### Brookfield For Youth Football and Cheerleading 2008 Registration Dates

Monday, April 28, 6:00 - 9:00 p.m.

At Whisconier Middle School Cafeteria or

Monday, May 5, 6:00 - 8:00 p.m.

At Whisconier Middle School Cafeteria

\* Ages 7 to 15 (must turn 7 by July 31, 2008)

\* Players assigned on a first-come, first-served basis

\* Safety is our #1 Priority

\* Academics are an integral part of our program

\* Participants must be "Academically Fit" to participate

\* Emphasis on teamwork and sportsmanship

\* New participants must provide original of birth certificate

\*For more information, visit our website at [www.BFYF.net](http://www.BFYF.net).

## Recreation Enhancement Council Update

**Bike Path:** Within a few weeks, REC together with our engineering firm Fuss and O'Neill will unveil the maps and drawings of our bike path. Fully funded, this REC initiated project will be Brookfield's first and only paved, non-motorized, trail.

**Recreation Center:** With the high school addition nearing completion, it is time to once again bring the building of a Rec Center along with our proposed additional amenities to the forefront of the town's consciousness. The need is even greater now than ever!

**REC** is now entering its 6th year of existence. In addition to the above projects, we are planning a full renovation of Cadigan Field. Our mission statement remains the same; to provide additional recreation facilities for all citizens of Brookfield. Our members are all strictly volunteers. To accomplish our goals we need manpower. If you believe in our cause please consider joining our committee even if you can only spare a few hours a month. Contact Jay Annis at 775-3711, or Dennis DiPinto at 775-7310.



## From the Director

Each spring reminds me of why I went into the Parks & Recreation field many years ago. As the temperatures slowly warm, the landscapes seem to come back to life, the days get longer, and the colors of spring seem to call your name to the hiking trails, to the ball field, to the tennis court, to the walking / running track, or even to the beach.

Whatever calls you to the outdoors, do yourself a favor and make time to spend some time outside this spring. Our Concerts in the Park will start Friday June 13<sup>th</sup> and will again run Fridays from 6:30 – 8:00 p.m. through the end of August. Come on out and enjoy a free concert, it's right in your backyard!

The Brookfield Town beach is set to open Memorial Day weekend with limited hours during the week until school lets out. See the details in this brochure for hours of operation for the coming season. This marks the 3<sup>rd</sup> year in a row without an increase in membership to the beach, still the best deal on Candlewood Lake.

Be sure and check out the latest in Parks & Recreation Summer camp options for your preschoolers – 8<sup>th</sup> graders. You'll find reasonably priced, well run camps of all kinds within the pages of this brochure as well.

We are very pleased to present our Spring / Summer line up of programs, activities, adult education, day camps, sport camps, trips and special events. We believe that you will be pleased with the wide variety of quality programs available for all ages.

Your Recreation and Parks/Grounds staff continue to maximize the Department's limited resources by improving upon Brookfield's recreational programs and facilities.

**"The Benefits are Endless"**

Dennis DiPinto

## Frequently Requested Phone Numbers

Boy Scouts	Ray Pflomm	775-8167
Conservation Commission	Alice Dew	740-2419
Garden Club	Betty Ziegler	775-2279
Brookfield Baseball & Softball Association	Fern Smenyak Field Hotline	740-9219 775-5238
Brookfield for Youth Football & Cheerleading	Bob Drysdale Field Hotline	775-3569 775-5241
Brookfield Soccer	Field Hotline	775-5239
Brookfield Lacrosse	Kevin Madden Field Hotline	775-4434 775-5240
Candlewood Lake Authority	Larry Marciano	860-354-6928
CT DEP Boating Div.		860-434-8638
Lion's Club	Robert Rascona	740-9261
MOMS Club® of Brookfield West	Margaret Petta Kristi Lynn H.	775-5854 775-4641
Newcomers P.O. Box 263	Rachel Scott Elena Goletz	740-0908 740-7271
Rotary Club	Russ Cornelius	775-8010
Senior Center	Ellen Melville Gail Pellis	775-5308

# Brookfield Senior Center

*"...a place where things are happening!"*

*The Brookfield Senior Center seeks to improve the quality of life for Brookfield citizens age 55 and older through social, educational, physical, creative and intergenerational programs. The Senior Center is open for membership for all residents age 55 and older. There is no fee for membership to the Center. **Come and Join In On The Fun!***

**Come and Exercise:** Yoga (Monday and Wednesday at 3:00p.m.); Chair Yoga (Wednesday at 1:30p.m.); Low Impact Aerobics (Tuesday and Thursday at 9:30a.m.); Yo Chi (Wednesday at 9:30a.m.); and Virtual Bowling (Monday at 12:45p.m.).

**Learn New Skills:** Ceramics, art-sketch and paint classes, knit, crafts, crochet, lessons for piano, learn the computer, play bridge, Book Discussion Group, Garden Club and many more!

**Come for lunch:** Full meals served at noon for only \$2.25 every Tuesday-Thursday. Reserve 24 hours in advance by calling 775-5309 or signing up at the center.

**Travel With us:** Take a trip to local events, restaurants, theater, and casinos.

**Take Charge of your Health:** blood pressure screening, flu shots, nutrition talks, and a wide variety of professional speakers.

**Improve your social life:** Meet friendly new people. **HAVE FUN!** You'll never sit home alone again.

**Sweethart Bus transportation** is available for those who do not drive. Call the Center for information concerning the Sweethart bus.

**Call Brookfield Senior Center (203-775-5308)  
to find out more information about our programs or  
drop by to visit us anytime!**

**The Brookfield Library and Brookfield Senior Center are  
sponsoring:**

**The Next 50 Years:**

**Financial and Life Planning for seniors, baby boomers,  
and those who care about them.**

*Wednesday, March 19<sup>th</sup>, 2008, 7:00-8:30p.m. Consumer University: Home Improvement contractor scams and abuse, Prepaid funerals: proper planning and pitfalls. Speaker Tom Saadi, Assistant Attorney general*

*Wednesday, April 16<sup>th</sup>, 2008, 7:00-8:30p.m. Legal issues: Estate Planning, Power of Attorney, and Living Wills. Speakers: The Honorable Dianne Yamin, Probate Judge, Helen McGonigle, Attorney at Law, Ann Fowler Cruz, Attorney at Law, Cohen and Wolf, and Barbara Reynolds, Attorney at Law, Reynolds and Jones.*

*Wednesday, April 30<sup>th</sup>, 2008, 7:00-8:30p.m. Long Term Care Insurance/ CT Partnership Plan for Protecting Assets. Speaker: Aldo Pantano of CT Partnership Plan.*

**All Programs are free and open to the public.**

**Programs will be held at**

**The Brookfield Library,**

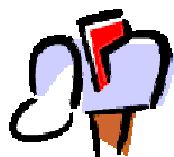
**182 Whisconier Road (Rt. 25), Brookfield**

**Register at Brookfield Library or call 203-775-6241**

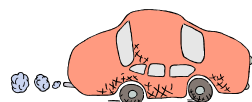
# How to Register



By phone when paying by Visa, Master Card, or American Express. Call 775-7310 and press 3 to speak with a staff person. Registration by phone for all spring programs begins Wednesday, March 12. Please note dates for summer program registration within the brochure.



By mail, include your name, address, phone number and the course that you are registering for, along with your check or credit card information. Enclose a self-addressed stamped envelope if you would like a receipt. You may mail in your registration for spring programs at any time. Please note dates for summer program registration within the brochure.



In person at the Brookfield Municipal Center, 100 Pocono Road. The Parks & Recreation Office is open Monday through Friday, 8:30 a.m.- 4:30 p.m. When you enter the Town Hall, make a right, and we are the last office on the left. You may register in person for spring programs anytime during office hours. Please note dates for summer program registration within the brochure.

## REGISTRATIONS

- 1) Will be accepted in person, by mail, or over the phone on a first come, first served basis. Full payment must accompany registration.
- 2) If you would like a receipt from a mail-in registration, enclose a self-addressed, stamped envelope.
- 3) A \$15.00 charge will be assessed on any returned checks.
- 4) **Non-Brookfield residents will be accommodated beginning 2 weeks prior to the start of a program with payment of a \$5.00 surcharge.**

## REFUND POLICY

- 1) Registrations may be canceled up to one week prior to a program's starting date.
- 2) No refunds will be given once a program has begun, unless a substitute can be found by this Department, or unless there is a medical emergency.
- 3) Absolutely no refunds will be given for any used portion of a program.
- 4) All refunds are subject to a 10% administrative surcharge.

## PROGRAM CANCELLATION POLICY

- 1) Parks & Recreation reserves the right to cancel any program due to lack of participation.
- 2) Approximately one week prior to the start date for each program, a definite decision will be made to cancel or run the program.

## CLASS INFORMATION

The Brookfield Parks & Recreation Department follows the school schedule for most of our classes. Please check with the Office if you are unsure whether or not a class will meet.

In the event of inclement weather cancellations or early release from school, evening classes held at the schools will also be canceled.

✂Cut and mail with payment to:

Brookfield Parks & Recreation P.O. Box 5106 Brookfield, CT 06804

Make check payable to: Town of Brookfield

## BROOKFIELD PARKS & RECREATION REGISTRATION FORM

Responsible Person: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Address: \_\_\_\_\_

Work Phone: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

E-mail: \_\_\_\_\_

Program Title	Session	Registrant's Name	D.O.B.	Grade-Fall 08	Fee
			/ /		
			/ /		
			/ /		
			/ /		
			/ /		

Total: \_\_\_\_\_

I hereby give permission for myself/my child to participate in this activity and assume the risk thereof and I do covenant for myself, my child, our heirs and assignees at all times to keep the said Parks and Recreation Commission and the Town of Brookfield free, harmless and indemnified from any and all liability for any injury myself/my child might sustain as a result of said participation.

Responsible Person Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Payment Information: Cash: \$\_\_\_\_\_ Check: \$\_\_\_\_\_ Check #:\_\_\_\_\_ Initials:\_\_\_\_\_

Credit Card (circle one)	Amount	Card Number	Exp. Date	Auth. Number	Initials
M/C Visa Amex	\$		/		